



# United States Power Squadrons®

## The NANSEMOND Light

Nansemond River Power Squadron

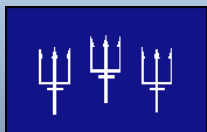
\* District 5

For Boaters, By Boaters



February 2019, Vol 25, No. 11

### Commander's Corner



Cdr Bob Wallace  
SN



### Seaworthy Notes from "Geo" Bob ...



What a month January has been. Two of our members were married and we have a new member, Brenda Budlong, who transferred from Colonial. We lost a very valued member in December, Buddy Krise P, a very good friend and shipmate. His knowledge of the Bay and tributaries was unsurpassed and his seamanship

was unequalled. He will be missed by all of us.

The cruise planning group is preparing to meet to lay out our event schedule for the coming year. Last year's planning meeting proved to be a great success. I am looking forward to attending this meeting to learn what great things we will be doing during the upcoming boating season.

The auction is fast approaching; I have a garage full of treasures that members have brought. I am looking forward to a great time. As we all know this is not only our fund raiser but also it is a great time for everyone. The food is excellent, treasures are many and adult beverages are plentiful. This is not an event to be missed.

(Editor's Note: This article was written prior to both the actual auction date and the cruise planning meeting, but our publication is being published and distributed after the events have occurred.)

Cold weather has arrived; I hope everyone was ready for it. Even though temperatures will rise it is only the end of January; there is plenty of winter and cold weather left, we must not let our guard down.

The Squadron is still looking for an Administrative Officer. This is a chance to become a member of the Bridge and help guide the Squadron in their activities. It is a very important position but not a difficult one. There are plenty of folks that will help you and make it an enjoyable and unforgettable experience. The most difficult task was preparing a cruising schedule but now that is being done by the planning group. Just think, you get to meet twice a month, once with the bridge and once with the SQUADRON general meeting. You even get your own pennant to display on your boat. Think about it, it really is a fulfilling position.

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## Executive Officer's Report

**Lt/C Butch Baxter P**



With our planning meeting for the upcoming year completed, our auction held and the new Boating Handling in progress, we are on a roll for the year 2019.

In February we will have our first Daytripper to the Mariners Museum on Saturday 23 February, meet at 1000 at museum entrance. Admission \$1.00, and we will eat lunch on the premises. Just let me know if you will be attending!

We are assisting the Virginia Beach Power Squadron, manning a booth at the Mid-Atlantic Sports and Boat Show on 8-10 February. It is free admission to the show for a couple of hours of manning the booth. If you did not sign-up at the planning meeting or auction, and now wish to participate please contact me before 29 January. The names are to be given to the show organizers prior to that date. No electrical power will be provided as the organizers want \$85.00 for an electrical hookup.

Plan to attend our Change of Watch Sunday, 3 March at Cedar Point Country Club, if you have not signed up, Lt/C Mary Fisher AP (our treasurer) needs your funds in advance, \$35.00 per person. Mail to Mary's address, 1486 Cherry Grove Rd N in Suffolk VA.

The USS *WISCONSIN*, BB-64 is celebrating its 75<sup>th</sup> anniversary this year. The museum is looking to open up additional interior spaces to the public. They need volunteers for cleaning, painting, fancy work, electrical work welding, etc. If you would like to put a little piece of you on the *WISCONSIN*, volunteer at [latoya.hylar@norfolk.gov](mailto:latoya.hylar@norfolk.gov).



### Nautical Notes

Work continues on the West Norfolk Bridge fender system. The old fender system is now removed and construction of the new is in progress.

Work continues on the new high rise bridge (I-64) across the S. Branch of the Elizabeth River (AICW) on the South side of the existing bridge.

### Happenings around the Water Front

#### Virginia Beach

Mid-Atlantic Sports and Boat Show, Virginia Beach Convention Center, Friday 8 Feb 1200 to 2000, Saturday 9 February, 1000 to 2000 and Sunday 10 February, 1000 to 1700. Admission 10.00 (Not on the waterfront, but boat related. See article on page 3).

Nothing much going on in February.

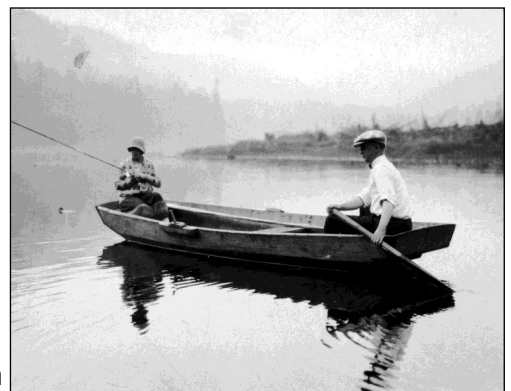
**See you at our next general meeting,**

Ideas for events? Contact me directly, 436-1313 / 262-8741 or email me at [thebaxters@mar-sue.com](mailto:thebaxters@mar-sue.com)).

### ***Funny for the Day...***

*Two guys are fishing in a boat under a bridge.  
One looks up and sees a funeral procession starting across the bridge.  
He stands up, takes off his cap, and bows his head.  
The procession crosses the bridge and the man puts on his cap, picks up his rod and reel, and continues fishing.  
The other guy says, "That was touching. I didn't know you had it in you."  
The first guy responds, "Well, I guess it was the least thing I could do, after all I was married to her for 40 years."*

Reprinted from [www.diy-wood-boat.com](http://www.diy-wood-boat.com)



## Administrative Officer's Report

Lt/C HJ South S



January was a busy month with our normal dinner meeting, our 2019 Cruise Planning meeting and our Annual Auction and Dinner.

We had our cruise planning meeting on Thursday 24 January with 20 members participating. We did a quick review of the 2018 season and then started making plans for 2019. We have agreed on our dates for 6 weekend cruises with July having an extended

cruise as we did in 2018. All the details for the cruises are still a work in progress; more to follow after I contact all of our potential ports of call to make sure they can accommodate us.

### **Planned Cruises for 2019:**

- |                        |   |
|------------------------|---|
| <b>17-19 May</b>       | <b>Cruise # 1, Shakedown Cruise to Bluewater Yacht, Hampton</b>   |
| <b>7-9 June</b>        | <b>Cruise # 2, Tidewater Yacht (Harbor Fest weekend), Portsmouth</b>  |
| <b>30 June -3 July</b> | <b>The pre-cruise before the 4th of July up the Chesapeake Bay<br/>Possible ports of call; Irvington, Tides Inn / Urbanna, Bridge Marina or<br/>Town Marina...still a work in progress.</b> |
| <b>3-7 July</b>        | <b>Cruise # 3, The 4<sup>th</sup> of July, to York River Yacht Haven, Yorktown</b>  |
| <b>2-4 August</b>      | <b>Cruise # 4, Norfolk Yacht Club, Norfolk</b>  |



**6-8 September Cruise # 5, Cape Charles  
Yacht Center, Cape Charles**

**4-6 October Cruise # 6,  
Smithfield Station, Smithfield**

***Please note that I will provide an update as the details become firm.***

I plan to contact all the marinas as soon as possible so our cruising family can firm up their plans. I'll be sending out e-mails to keep everyone informed with the information I collect from each dock master.

Our Annual Auction and Dinner was Saturday 26 January with 37 members showing up for some very good fel-

lowship, a good meal and some very nice items that found a new home.

Contact me if you have any questions or concerns at 757-284-1432 or email me at [hjsouth@outlook.com](mailto:hjsouth@outlook.com).

## **66TH ANNUAL MID-ATLANTIC SPORTS & BOAT SHOW**

If you've been thinking of buying a boat or upgrading what you currently have, now is the time to buy! All the big dealers will be under one roof, ready to show you their stock and make a deal. Whether you want to see the latest and greatest 2019 models or want a great deal on an unused 2018, you don't want to miss this chance to check them all out.

The Boat Show offers plenty of family fun, too! There will be face painting for the kids and anglers clubs to teach you how to cast a net or tie a fly. Bring the family and learn how easy and affordable boating can be. A day on your boat is a relaxing way to reconnect with your family and is more affordable than you might think. And NRPS will be on hand with a booth, with the Va Beach Squadron! Call Butch to sign up!

**Admission Rates:** Adults – \$10 Children 12 and under – FREE

**Tickets will be sold at the venue during show hours (and FREE if you work the booth!!)**

**When:** Friday, February 8th, Noon-8pm Saturday, February 9th, 10am-8pm  
Sunday, February 10th, 10am-5pm

**Where:** Virginia Beach Convention Center 1000 19th St., Virginia Beach VA 23451. Free parking!



## Educational Officer's Report

Lt/C Carl Smith SN



## NRPS Education Notes January 2019

We just started a Boathandling Course on 21 January. The course covers anchoring, rules of the road, handling emergencies, knots and lines, docking, and boating with confidence. This course replaces the old Seamanship course.

We will be starting a Piloting Course on 4 February. Piloting is the first of the navigational classes for the USPS, focusing on techniques for piloting a boat in coastal and inland conditions. The course emphasizes planning and checking along with the use of GPS for determining position, and introduces digital charting along with traditional charting, compass and dead reckoning skills. Plotting, labeling, use of the compass, aids to navigation and a host of related topics are included in this all-new approach to coastal and inland piloting. This course uses the [4x15 plotter](#) and [dividers](#), which must be ordered or purchased separately.

Courses are held at Suffolk Fire Station Five on Breezeport Drive, just north of Harborview Boulevard and start at 1800 on Mondays.

Contact me at 757 672 5893 for details and to let me know how many course books to order.

Any question, concerns or ideas, please contact me [captcrs@cox.net](mailto:captcrs@cox.net) cell 757-672-5893.

## Vessel Examiners are USPS Ambassadors of Boating

Stf/C Lee R. Chasse, USPS VSC Program Chair  
Reprinted from the [www.usps.org](http://www.usps.org) website

As a Vessel Examiner since early 2005, I am always struck at how new boaters are amazed at how much they do not know when I do a vessel exam and talk with them. From their life jackets to their instruments and rules of the road, they are in many instances, clueless. This is not their fault because most times, a salesperson will sell them their new boat and not mention anything about safety on the water.

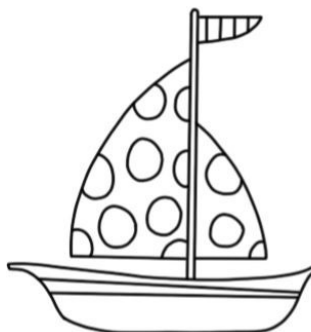
When I approach a boat owner and the family members, I always introduce myself and start with an opening about the United States Power Squadrons. I insure I mention words like 'non-profit', 'insure your family and friends safety' 'possible insurance rate reduction' and especially the part about 'voluntary' and no way any kind of 'enforcement.' I never admonish about a safety flaw but explain why I mention the flaw and its possible consequences for the owner, the family or the crew.

I insure that in my VE kit, I have brochures from the local state marine patrol which hold all the state laws and requirements about boating and make sure I can explain each part of the brochure to insure the boater understands their state rules. I give the boater the state brochure and also Coast Guard or CG Aux brochures which might explain more about boating to the owner.

During the entire voluntary examination, I stress safety not only on the owners own boat but on the water where many other boaters do not possess the basic safety information I am passing on to the boater. I ask them to watch for this on the water just to emphasize their new basic knowledge about boating. I also give them my VE business card and especially copies of available brochures & info found at the USPS Web Site.

## Boating Word Search Puzzle

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| h | c | u | r | t | a | s | n | i | f | e | r | r | y | p |
| o | f | i | s | h | i | n | g | l | i | h | n | h | s | a |
| o | m | a | a | c | p | y | b | l | c | e | i | b | a | n |
| a | m | c | c | n | o | e | e | b | h | g | n | r | i | r |
| c | b | o | a | t | s | h | t | s | g | r | a | s | l | r |
| h | e | h | s | i | i | y | f | g | h | a | c | t | i | u |
| b | r | r | u | a | o | a | a | e | a | b | r | a | n | a |
| h | i | r | n | u | l | c | o | i | r | o | n | r | g | f |
| a | c | y | b | t | d | h | o | s | b | b | r | b | h | c |
| t | e | s | h | r | l | t | o | a | o | r | i | o | y | a |
| l | e | c | s | d | i | s | a | i | u | e | n | a | m | n |
| r | r | k | p | o | r | t | h | o | r | p | o | r | e | o |
| h | g | c | r | c | a | l | u | r | b | o | i | d | g | e |
| s | h | i | p | k | d | a | n | c | h | o | r | l | o | v |
| b | a | o | t | e | c | h | f | r | c | b | u | o | y | m |



|           |        |
|-----------|--------|
| Boat      | Dock   |
| Harbour   | Anchor |
| Buoy      | Cruise |
| Fishing   | Port   |
| Starboard | Yacht  |
| Sailing   | Ship   |
| Ferry     | Barge  |
| Canoe     |        |

The sea, the great unifier, is man's only hope. Now, as never before, the old phrase has a literal meaning: we are all in the same boat.

Jacques Yves Cousteau



# *Annual Fund Raising Auction & Dinner Pictorial!*

*Lee Jordan Clubhouse, Suffolk VA \* 26 January 2019*





# Annual Fund Raising Auction & Dinner Pictorial!

Lee Jordan Clubhouse, Suffolk VA \* 26 January 2019





# USPS® Member Benefits

Information Provided By Lt Cheryl Hanbury



**Not all benefits save you money.  
Some provide information such as the Port Captains program.**

A Port Captain is a member of the United States Power Squadrons, who stands ready, at all times of his or her choosing, to provide advice and assistance to USPS members, and if the Port Captain chooses, to others who contact them. The Port Captain can recommend mechanics, sail makers, and repair yards in the area as well as medical and dental facilities in his or her locale. The Port Captain can also direct weary sailors and boaters to local restaurants and motels.

While Port Captains are under no obligation to provide more than friendly advice, they are persons who enjoy meeting people and serving their fellow boaters. Still, their primary expertise lies in their knowledge of local waters and unmarked hazards to safe navigation. The objective is to provide information, reliable advice and comradeship. Their aim is make fellow members feel they are welcome and have found a friend. Port Captains are to project the image of being part of a fraternal organization devoted to boating safety.

Persons interested in USPS or the public Boating Course will be referred to their nearest squadron commander or squadron educational officer.

FYI: The Port Captain for the Lower Chesapeake Bay (ICW Norfolk to Carolina line) is our very own Art Aikin!

For more information on the USPS Squadron Activities Committee Port Captain program please contact committee chairman Stf/C Kathryn "Cookie" J. Stevens, SN [kistaa@hargray.com](mailto:kistaa@hargray.com).

**NOTE: You can log on to [usps.org](http://usps.org) and click on the member benefits button to learn more about these and other benefits!!**



## February Birthdays

|                      |             |
|----------------------|-------------|
| P/C Thomas Andrews P | 23 February |
| Lt Jeff Horne        | 24 February |
| Michelle Thornton    | 28 February |

## United States Power Squadron Annual Meeting Orlando, Florida 19 - 23 February 2019

More information can be found on the National Member Website and the upcoming Ensign Magazine. And there is information listed on the National Website home page ([usps.org](http://usps.org)) under the National Meetings link with hotel and event registration as well as the agenda.

*"People get married to the sea, but owning a boat is like being constantly divorced."*

## Congratulations Mike & Letty!



NRPS members Lt Mike Gambacorta and Letty Hernley "tied the knot" on 5 January on the water at the Gatling Pointe Yacht Club in Smithfield. So glad they "found each other" while walking...proving a good exercise regime can truly be beneficial to one's well being! All the Best Wishes to Letty and Mike!

## Safety Officer's Report

Lt Theresa  
Abercrombie S



## AED Automated External Defibrillator

Our power squadron recently bought an AED. I hope we never have to use it but am also thankful that there is one available if the need arises. I will be doing a short presentation on the AED at the February general meeting.

The following information is for an adult or if the person is at least 55 lbs, or is about 8 years old. If they are aged 1-8 years and weigh less than 55 lbs. the pad placement is different.

When a person is unresponsive **and** no heart beat or breathing can be detected, the window of time to save the person is short and critical. The availability and use of AEDs has dramatically increased the survival rate to somewhere around 85% if used in the first few minutes.

If the person is in acute distress or unconscious, activate the emergency response system. Don't just yell call 911. Look at 1 person and tell them to call 911. Look at another person and tell them to go get the AED.

While this is happening, if the person is unconscious, get them down on the ground, not a bed, you need a hard surface. If they are wet or in a puddle of water, get them on a dry surface.

Check for pulse and any breathing. Gently tilt the head back to open the airway.

If no pulse or breathing begin CPR, pushing hard and fast at a rate of between 100-120 compressions/min. If you are able to give rescue breaths give 2 breaths after every 30 compressions.

Expose the chest, this not is not the time for modesty. If the woman has on an underwire bra, get it off.

If their chest is wet, dry them off.

If chest is hairy, shave the areas where the electrical pads (electrodes) will be placed.

Items such as Razor, drying cloth and scissors to cut away any clothing not easily removed to expose the chest are in the red "First Response Kit" attached to the AED.

Once you have the AED in hand:

check to make sure the "status indicator light" is blinking.

Press the On/Off Button to turn the AED on.

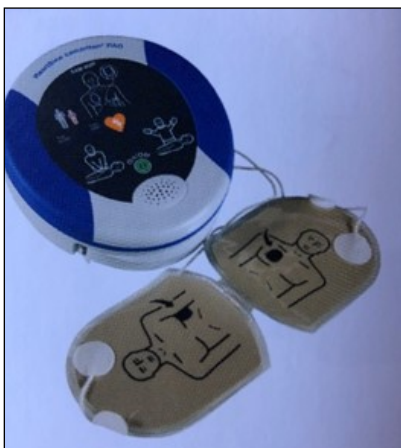
Pull the green tab to remove the electrode pad pouch

Place the AED on the ground near the patient insuring that both electrodes will reach the patient and you do not have to hold the AED

Tear open the pouch and peel the liner from each pad 1 at a time.

Place one pad on the upper right, pressing hard to insure it sticks.

Place the next pad on the left side of the chest under the nipple.



The AED will assess any heart activity. If a shock is needed it will tell you to "stand clear". When told to do so, press the orange shock button. It will again check for heart activity. If there is no efficient activity it will tell you "it is safe to touch the Patient and begin CPR." The AED has a built in time pacer (metronome) to help you keep pace. It will also let you know if you speed is good or if you need to go slower or faster.

Continue this process until emergency help arrives. When they arrive turn the unit off and remove the pads. The AED has a built in recording system that can be down loaded by the doctor if needed.

This article is meant to help familiarize you with the AED we have. If you have never taken a CPR class, I strongly encourage you to do so. I hope you never have to use this knowledge but having it when it is needed can be the difference between life and death.

For more information on the HeartSine® samaritan® PAD; SAM 350P Semi-Automatic Defibrillator go to

<https://americanAED.com/dvd/samaritan>





**RESERVATION FORM**  
**United States Power Squadrons® District 5 Spring Conference**  
**28-31 March 2019**  
**Princess Royale Hotel, Ocean City, Maryland**



**MEMBER:** Rank \_\_\_\_\_ Name \_\_\_\_\_ Grade \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SQUADRON \_\_\_\_\_ POSITION \_\_\_\_\_ FIRST TIMER? \_\_\_\_\_

E-mail \_\_\_\_\_ PHONE \_\_\_\_\_

**SPOUSE/OTHER ATTENDEES:**

Rank \_\_\_\_\_ Name \_\_\_\_\_ Grade \_\_\_\_\_ First Timer? \_\_\_\_\_

Rank \_\_\_\_\_ Name \_\_\_\_\_ Grade \_\_\_\_\_ First Timer? \_\_\_\_\_

**MENU SELECTIONS**

**SATURDAY LUNCH:**

Lunch Sandwich Buffet: Sliced Meats and cheeses, Lettuce, Sliced Tomatoes # \_\_\_\_ @ \$23.00 = \$ \_\_\_\_  
and Onions, Pickles with Assorted Rolls and Breads, Pasta Salad, Potato Salad  
and Home-Made Potato Chips  
Brownies and Blondies, Coffee, Tea, Decaf Coffee & Iced Tea Stations

**SATURDAY BANQUET ENTREE CHOICES:**

Beef Medallions & Mushrooms w/ Gravy over Garlic Mashed Potatoes # \_\_\_\_ @ \$37.00 = \$ \_\_\_\_

Seafood Newburg over Garlic Mashed Potatoes # \_\_\_\_ @ \$36.00 = \$ \_\_\_\_  
(Scallops, Crab & Shrimp in a Sherry Cream Sauce)

Vegetarian / Gluten Free Vegetable Stir-Fry served over Rice # \_\_\_\_ @ \$27.00 = \$ \_\_\_\_

Selections served with: House Salad, Vegetable Medley, Rolls & Butter and  
Chef's Selection of Desserts, Coffee, Tea, Decaf Coffee, & Iced Tea Stations

Children: Chicken Tender Platter with French Fries # \_\_\_\_ @ \$14.00 = \$ \_\_\_\_

Dietary Restrictions: \_\_\_\_\_  
(Gluten Free Option Available)

Total Enclosed: \$ \_\_\_\_\_

Make Checks Payable to: Delhigh Power Squadron

SEND TO: P/C Kathleen Nowroozani, SN

6951 Sunflower Lane

Macungie, PA 18062

Phone: (956) 240-5553

E-mail: k.now@mac.com

**Recommended Dress for Banquet:** Uniform B with bowtie or suitable after 6 attire.

**MAKE ROOM RESERVATIONS DIRECTLY WITH HOTEL** - Call Reservations Dept. at (800) 476-9253

**Use the Reservation ID Code: U.S. Power Squadron, District 5**

Princess Royale Hotel, 9100 Coastal Highway, Ocean City, Maryland

Non-Smoking Venue - Handicapped Rooms available on a request basis

**Rates:** Ocean/Pool View Suite: \$119.00 per night, Ocean Front Suite: \$165.00 per night,  
2BR Condo: \$254.00 per night, 3BR: \$284.00 per night  
(rates listed above do not include taxes)

**ALL RESERVATIONS MUST BE MADE BY 7 MARCH 2019 TO ENSURE USPS RATES**

**MEAL RESERVATIONS must  
be received by 10 March 2019**

## NRPS 2019 Cruise Planning Meeting.....

Thursday 24 January, in the cold of winter, NRPS members got together at Faith Lutheran Church in Suffolk to plan the boating cruises (and the daytrippers!) for the 2019 boating season ahead! After pizza and drinks (and thank you, Brenda Wallace JN for the excellent frosted brownies!) we commenced. And in a relatively short period of time, with HJ at the helm, we came up with a wonderful cruise schedule— 6 scheduled cruises and even an “unscheduled” one, along with a daytripper or two and a commander’s party! What a productive evening, and what a fabulous year we will be having as we cruise our way around Hampton Roads this year!



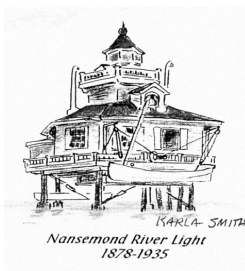
### Below you will find 8 basic boating safety tips to help you stay safe:

No matter how much experience you have, it’s always a good idea for everyone to review boating safety rules before departures.

- Be Weather-Wise.
- Follow a Pre-Departure Checklist.
- Use Common Sense.
- Designate an Assistant Skipper.
- Develop a Float Plan.
- Make Proper Use of Lifejackets.
- Avoid Alcohol
- Learn to Swim.



## NRPS 2019 Calendar of Upcoming Events



|                |   |
|----------------|---|
| 5 January      | NRPS Bridge Meeting<br>The South home in Suffolk VA           |
| 12 January     | NRPS General Meeting<br>George’s Steakhouse, Suffolk VA       |
| 17-23 February | USPS Annual Meeting<br>The Rosen, Orlando FL                  |
| 28-31 March    | D/5 Spring Conference, Princess Royale Hotel<br>Ocean City MD |



### 2018-2019 Bridge Officers

|                        |                          |
|------------------------|--------------------------|
| Commander              | Cdr Bob Wallace SN       |
| Executive Officer      | Lt/C Butch Baxter P      |
| Administrative Officer | Lt/C HJ South S          |
| Education Officer      | Lt/C Carl Smith SN       |
| Secretary              | Lt/C Grace Brown P       |
| Treasurer              | Lt/C Mary Fisher AP      |
| Safety Officer         | Lt Theresa Abercrombie S |

### Publisher’s Statement

*THE NANSEMOND LIGHT* newsletter is published monthly. Deadline is the 24th day of each month for the following month. We welcome articles & photographs of interest to our members. *THE NANSEMOND LIGHT* published for the members & their families of the Nansemond River Power Squadron (NRPS), District 5 of the United States Power Squadrons®.

Publisher: Cdr Bob Wallace SN  
Editor: Lt/C Grace Brown P  
Ass’t. Editor: Lt Cheryl Hanbury

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