AMERICA'S

America's Boating Club Lehigh Valley

District 5



AUGUST-SEPTEMBER 2022 VOLUME 63 ISSUE 3

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Most squadron meetings are held monthly at:

Star of Bethlehem Lutheran Church 514 3rd Avenue Bethlehem, PA 18018

Delhigh website: www.BoatingLehighValley.com

D/5 website: www.uspsd5.org

USPS website: www.americasboatingclub.org



Commander's Corner Cdr Kathleen Nowroozani, SN



The weather has been perfect for all of our events so far this summer and it has been great getting to spend time with everyone. Summer is really pulling out all the stops for us this year and I am looking forward to our upcoming events.

Congratulations to Sergio who has passed instructor development and is our SEO and newest certified instructor! Be sure to congratulate him when you see him next or feel free to send him a message.

Our old domain name of Delhigh.org has expired and is not being renewed. We changed to BoatingLehighValley.com a few years ago and our official site of usps.org/delhigh will both get you to all of the information you need about our classes, events, newsletters, bylaws, the District 5 and National websites and so much more.

As times change for our squadron so must our events. Please look to the current calendar on page 22 for the updated list of events. As our

schedules change and members move on and our age starts to limit the things PLEASE STOP ASKING ME WHAT we are able to do comfortably so must we all adapt. We are looking for events in which we can get together and have a good time, as always. Please let a bridge member know if you have any ideas for new events that might interest this amazing group.

Enjoy your days and I hope to see you all on the lake or at an event soon.

I AM DOING THIS WEEKEND



BOATING. I'M BOATING. THIS WEEKEND. NEXT WEEKEND. **EVERY WEEKEND. FOREVER.**

Visit our website here: www.BoatingLehighValley.com



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Ice Cream Social





Ed, Keith, Eileen, Kathy, Sergio, Michele, and Chris chatting around the table.



Lots of sweet and yummy treats!



Keith and Sergio catching up in the kitchen.



Dogs with macaroni and cheese for dinner!



Summer Rendezvous





Oliver and Michele getting Pier Pressure to the dock.



Vilma, Eddie, Oliver, Cyrus, Randy, Jeanette, Fernando, Kathy, Chris, Nikki, Cookie, Sertio, Michele, Doug, Michelle, Bob, Vince, Kathy and Miguel after dinner Thursday.



Oliver and Kathy giving Sergio, Michele and Nikki a hand at the dock.



Miguel, Vilma, Cookie, Nikki, Michele and Sergio on Pier Pressure.



Oliver, Kathy, Eddie, Cyrus and Vince on Last Call with Chris at the helm.



Living the Dream out on the water with Michelle, Fernando, Bob, Doug, Kathy, Jeanette and Randy aboard.



Michele and Sergio on their new boat, Pier Pressure.



After lunch at Fisherman's Crab Deck, Miguel, Nikki, Vilma, Cookie, Bob, Kathy, Chris, Eddie, Doug, Kathy, Oliver, Cyrus, Vince, Jeanette, Randy, Michele, Sergio, Michelle and Fernando.



Our P/D/C with the ladies, Nikki, Michele, Vilma, Chris, Kathy, Jeanette, and Michelle.





Summer Rendezvous



Cyrus and Oliver grilling up dinner.



Sergio, Bob, Kathy, Jeanette, Kathy, Randy, Michele and Eddie chatting before dinner.



Kathy, Randy, Jeanette, Michele and Eddie setting up for dinner.



Past commanders egg toss, Bob, Chris, Dave, Jeanette, Cyrus and Kathy with their partners Randy, Doug, Sergio, Vince, Oliver and Michelle with Nikki officiating.



Bob and Randy along with Cyrus and Oliver got pretty far for the last few throws.



Bob was a little excited to win!



Everyone gets to try the egg toss! Michelle, Miguel, Chris, Cyrus, Eddie, Sergio, Kathy, Fernando, Bob, Oliver, Vince, Doug and Vilma with Michele helping Nikki officiate.



Egg toss winners Eddie and Oliver for the group toss and Bob and Randy for the past commanders toss.



Nikki, Michele and Oliver playing with the bubbles and glow sticks.



Celebration of Life





Pinch, Susie, Bob, Michelle, Fernando, Dave, Kathy, Eddie, Nikki, Randy, Doug, Vilma, Jeanette, Cyrus, Vince, Oliver, Chris, Cookie, Michele, Miguel, Russ and Sergio smiling for the camera.



Kathy, Nikki, Michael's brother in law Pinch and Michael's sister Susie enjoying the ride with Russ on the bridge driving us to the anchorage.



Doug returning the anchor line after the anchor broke off. Is there an Ode to the Anchor Line that should have been said? Is it still an anchor line if the anchor is no longer attached?



Russ, Bob, Doug and Dave putting together the second anchor, originally from Chris and Ginny's boat One Moor Time.



Oliver at the helm keeping us in safe waters.



After all the fun Michael stories Cdr Nowroozani read a prayer with Cyrus, Oliver, Vince, Pinch, Susie and Nikki listening.



Dave manually raising the second anchor after a gorgeous afternoon and ceremony.



A heavy anchor requires a lot of muscle and when the second anchor broke and Dave went flying we could all see just how much muscle Dave had been using.





Trailerboat Rendezvous



What a gorgeous day to be on the lake.



Our very own P/D/C (Chris) driving the boat trying to figure out what is making the rattling sound. Yikes!



Oliver taking the boat for a spin around the lake with Chris and Kathy.



Cdr Nowroozani taking a ride on her disc.



Oliver and Cyrus enjoying the ride.



Kathy, Chris and Cyrus back at the pool.



Ed, Kathy, Cyrus and Chris relaxing after dinner.



Look at that beautiful sunset.



Cyrus, Vince, Kathy, Ed, Eddie and Chris still smiling.



Join Delhigh for our August Monthly Meeting at





VS.



When: Wednesday, August 3, 2022

Where: PennTeleData Party Porch (3rd Base Side)

Buffet: 6:05pm - 8:05pm

Game: 7:05pm

Cost: \$37.00 each

NOTE: The private, upgraded buffet will be served rain or shine and includes the usual burgers, dogs and sides and more, plus water and soft drinks. If the game is cancelled the buffet WILL STILL BE SERVED. We will meet regardless of the weather! We have our own buffet and a roof over our heads so we will stay dry rain or shine!

Please contact Kathy at (956) 240-5553 or <u>k.now@mac.com</u> if you would like to make a reservation to attend.

Payment is required NO LATER THAN June 30, 2022.

Friends and Family are Welcome!

See you at the Ballpark!!!







Tuesday, August 9 6pm

Come join Delhigh at Musikfest!

We will meet on Main Street in front of Hotel Bethlehem.

Eat some food, enjoy some music, hang out with friends!



RSVP to Kathy at k.now@mac.com or (956) 240-5553

Fall Trailerboat Rendezvous



Saturday, August 27
Ridley Park Marina
Swarthmore Ave Boat Ramp
401 South Swarthmore Ave
11am

BYO lunch to eat on the boat.

When we have our boats back on their trailers we will have dinner at



RSVP to Kathy at k.now@mac.com or (956) 240-5553 and let us know how many available seats you have on your boat or how many seats you need on a boat.



September Meeting and



Wednesday, September 7
6:30pm
Nowroozani Residence

All in attendance will have the chance to vote for the 1st, 2nd and 3rd best!

Bring your favorite chili recipe or find a new one to try.

Feel free to try chicken or steak or green chili, think outside the box!

Then enjoy a taste of all the chili before our September meeting!

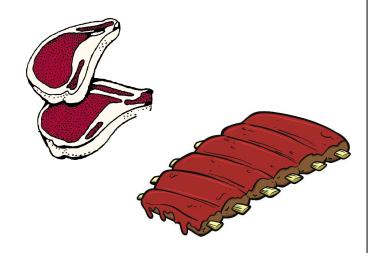




Join us on
Saturday, September 17
Nikki's new house
1512 Bonnie Drive, Bethlehem
3pm

Pork chops, ribs and rice will be served.

Please bring an appetizer, side dish or desert to share



RSVP to Kathy at k.now@mac.com or (956) 240-5553







America's Boating Club Lehigh Valley

Invites you to our annual

Sporting Clays Outing

2750 Limestone Street Coplay, PA 18037

Saturday, October 15 11:30am

Come one come all to the 9th annual Sporting Clays event! New shooters and old hats are all welcome!

Approximate cost per person is \$40.00

Please RSVP to Cyrus at

<u>c_nowroozani@yahoo.com</u>

or (956) 240-5554

with the names of everyone in your
group and whether or not you are
new to shooting.

Join us for our annual



on Saturday, October 15 At the Meisner Residence 5 pm



Beef Goulash with noodles will be served. Please bring an appetizer or dessert to share.

RSVP to Jeanette by October 8th at <u>Jeanette@meisnerservices.com</u> or (484) 221-0039





The summer boating season is in full swing, and I hope everyone is getting out and enjoying quality time on their boats.

We all must stay aware of all that is going on around us, as mistakes can happen at any moment. Here are a few reminders as we prepare our boats at the launch or prior to leaving your slip.

When launching, prepare your boat before you get to the launch to avoid missing something because you are in a hurry.

Check all your lights even if your plans don't include running at night. You never know what could happen. If you have smoke and carbon monoxide detectors, check the batteries, and replace them if needed. When in unfamiliar waters, check your charts and mind your depth to be sure you are in safe waters. Remember to have all your paperwork in order and keep it accessible for when you may need it.

If you or anyone you know needs a Vessel Safety Check, please contact one of our Examiners to schedule one.

Thank you to our Examiners for the job they are doing, as they have completed 22 VSCs already this season.

Let's all be safe and have fun.





<u>August</u>

Michael Bernardi P/C Jeanette Meisner, AP 1st/Lt Edward Muschlitz, SN P/D/C L. Chris Brown, SN Amy Fontana P/Lt/C Donald Ludwig, AP

September

Eileen Muschlitz



Click to go to <u>America's Boating Channel™</u> to see videos about safe boating and boating education!





Administrative Officer's Report

Summer activities are here again! We had our Ice Cream Social, July Meeting and our first Trailerboat Rendezvous over the last few months. These are always a great time and the weather was good, what more can we ask?

Our annual Iron Pigs game at Coca Cola park is coming up August 3rd. We are once again on the patio off the executive lounge with our own buffet. Don't forget if you have tickets that the buffet is rain or shine and we will have food and a good time either way.

Musikfest Mania was moved to Tuesday, August 9th. We will meet in front of Hotel Bethlehem at 6pm and search out good music and yummy food from there.

The Fall Trailerboat Rendezvous is August 27th at Ridley Park. Details are on page 8, don't forget to RSVP.

September starts with our Chili Cookoff and meeting Wednesday, September 7th at the Nowroozani house. We will also be having a BBQ in September at Nikki's new house Saturday, September 17th.

October brings our Sporting Clays Outing and Oktoberfest. We are going to do these on the same day again as it worked out so well last year. Both will be held on October 15th, see information on page 10.

Information is always updated online at <u>BoatingLehighValley.com</u>, please remember to RSVP and feel free to contact any bridge member with questions. Our contact information is on the next page.



Educational Officer's Report Lt/C Sergio Lamboy, P

We just returned from our Summer Rendezvous in Rock Hall, MD and it already seems like forever ago. Michele and I brought our new to us boat named "Pier Pressure" (wink, wink), and though it was our first time on the Chesapeake with our own boat I think we did great. Since this is supposed to be an article on education. Some things we learned while there:

1. When having your wife launch the new boat for the second time since acquiring it. Make sure the chart plotter is out of dealer-demo mode. Apparently, Michele and Oliver where cruising the Florida Keys until they made it to Haven Harbour Marina.

2.When buddy boating to lunch, do not, and I stress DO NOT exit the wash of a 36 foot Carver and expect things to go smoothly. Jumping the wake of a vessel like that can be the definition of "harrowing."

3. When executing above stunt, stay calm even when your heart is in your throat and make it seem intentional. This is how legends are created.

We must admit we learned a lot and look forward to many more trips on our little boat; hopefully a couple of overnighters in the future if time permits. We loved being able to accommodate additional passengers for the days we were there. To all those that spent time on our boat with us, thank you. We loved having you aboard.

As of now we don't have any ABC3 classes scheduled for the summer, but I understand we may be planning on something for the fall. If you are aware of someone looking to take an ABC3 class please let the educational dept. know and we will do our best to accommodate.

For members that look to continue their education, be aware a number of courses are available at www.americasboatingclub.org. This is an amazing resource for members and non-members alike. The classes are varied and extremely useful. You can explore the webinar library or target a specific skill you want to improve upon. Here's a couple of courses / seminars you may be interested in: Propane Systems On Your Boat Seminar https://americasboatingclub.org/seminars/safety-matters/propane-systems-on-your-boat-seminar

Anchoring with Assurancehttps://uspsonline.lmscheckout.com/ Course/view/anchoring-with-assurance---1

I hope everyone enjoys the remainder of the boating season. As always, have fun and be safe.





Executive Officer's Report P/C Robert Rendish, P

I wasn't sure I was going to be able to attend this year's America's Boating Club Lehigh Valley, Delhigh Power Squadron's Chesapeake Bay rendezvous at Haven Harbor Marina in Rock Hall, MD.

This year our rendezvous was the weekend of June 23 - 26, and this year we were having a special ceremonial event. I was scheduled for stomach surgery on Friday, June 10, to be in the hospital until Monday, June 13, 10 days before our Executive Committee meeting on Thursday June 23, in Rock Hall. It was close, my recovery was only 12 days old, but I was able to attend keeping in mind my restrictions. I had to attend, since this event is the responsibility of the squadron's Executive Officer, and we were having a very special ceremony on Saturday morning.

This year was a first for us to have a special ceremony for a member who passed away this past year; a Burial at Sea, a Celebration of Life for one of our most active and well liked members, P/C Michael Lebeduik III, AP. Saturday morning we boarded one of our member's vessel, and we motored out onto the bay. We had a very solemn ceremony; a Celebration of Life, where various friends and members shared their thoughts and some memories of Michael. I, along with others were honored to be there. Thank you, Russ, Amy, and Dave. On Friday we had our Commander's cookout at the pavilion which went well, having plenty of food and drink for everybody. The weather was great, our fun and entertaining egg toss competition was a bunch of laughs and some broken eggs and was a great time for all. Later Saturday evening, we gathered at the Bay Wolf restaurant in Rock Hall for our rendezvous dinner and to present to our members and friends our raffle and gift bags. Some announcements and statements were shared among us, and our dinner and service was excellent as usual. I believe everybody had a fine meal and a great time, and the opportunity to gather with members and friends for a special evening. Thank you to owner Larry for accommodating our group. Thank you to all who made this possible and a success, despite some obstacles that we were able to work through, especially Cdr Kathleen Nowroozani, SN and P/C Jeanette Meisner, AP. Thank you also to Dock Master Bob Fisher, Haven Harbor Marina; Red Roof Inn, Chestertown; Harbor Shack restaurant, Rock Hall; Vessel, Living The Dream.

To the Breezes!



AMERICA'S BOATING CLUB LEHIGH VALLEY BRIDGE 2022-2023

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"Look at you - folding laundry. And last night it was doing the dishes. Just exactly what part of 'No you are NOT buying another BOAT' don't you understand?"





USPS NATIONAL NEWS



2022 Fall Governing Board

HOTEL RESERVATIONS NOW OPEN FOR BOOKING

Come to Raleigh September 11-18, 2022 to learn and share information. We live and learn the more we communicate. This is your chance to help grow the organization we enjoy.

Click Here to book now.

BONUS: SNEAK PEEK OF THE EVENTS AND MEALS

Plan your week while we work on getting you the cheapest prices possible.

Agenda, Event, and Meal Bookings are coming soon! Keep checking back for updates.

Email Warning

Below is a message from National about a number of members being sent emails from what looks like a fellow members email with an odd message. This has happened to a few of us in America's Boating Club Lehigh Valley already. Remember to click on the member's name to see if it was originated from the actual members email address or not as recommended below

We're experiencing a number of hacked emails that appear to come from our members, and contain text that makes them appear legitimate. These emails originate from a hacker. Since they don't come from our servers or one of our members, we can't control them. Please take great care in opening attachments and links from emails that may be suspicious, as these may contain dangerous files and viruses. Check the full address in the "From" line, and not just the name. If the message appears suspicious. delete the email message or contact the purported sender to verify that the email is legitimate before opening an attachment or clicking on a link.



DISTRICT 5 NEWS



EDUCATIONAL CRUISE ON THE DELAWARE RIVER



Aboard the Benjamin Franklin Yacht Enjoy a Narrated Cruise and Buffet Dinner Wednesday, August 17, 2022 Boarding: 6:00 Departure: 6:30 Rain or Shine

Traditional and electronic methods of navigation will be presented.

During this trip you will enjoy a delightful, full course dinner on the lower dining deck of the Ben Franklin. The informative and exciting narration will focus on aids to navigation, piloting, and chart work using a hand-held compass, GPS, and plotting our position on Delaware River Chart 12312. On the return trip you will see lighted aids, ranges and navigation lights on the big ships.

Bring your neighbors and friends

Make reservations by sending a check in the amount of \$35.00 for each adult payable to:

ABC-DV to Lt/C Robert Tafel, PO Box 585, Hatboro, PA 19040 (215-441-4154).

List the name of each guest and e-mail address. (Sea Scouts & children under 12 at \$15.00).

Directions: The Ben Franklin departs from 101 S. Columbus Blvd. which is just south of the Ben Franklin Bridge. South on I-95: take the right hand lane at exit 22 for Callowhill St. At the bottom of the off ramp, turn left on Callowhill St. and then right on N. Columbus Blvd. Turn left onto Penns Landing and the yacht will be on the left. There is ample parking at the location.

Uniform of the day = ABC Casual

Sponsored by Americas Boating Club --Delaware Valley

District 5 Fall Educational Conference

November 3-6 2022 Maritime Institute 692 Maritime Blvd. Linthicum Heights, MD



Room Single occupancy \$159+tx/night
Room dbl occupancy \$204+tx/night
(this includes breakfast and dinner buffet)

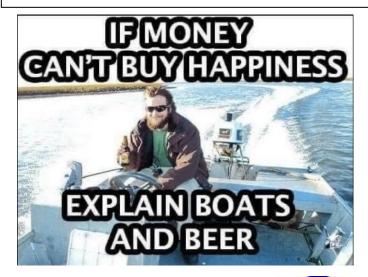
Fri/Sat Seminars \$80/day

All attending members must pay (this includes refreshments at morning and after-

Sat banquet without hotel stay \$45

noon breaks and lunch buffet)

More information (including buffet selections) is available at <u>USPSD5.org</u> and a schedule of classes is not out yet but will be available when the event is closer.







Celebration of Life

By P/C Kathleen Nowroozani, SN

We had a great day out on the water for the Ceremony of Life we had for P/C Michael Lebeduik, III, JN at the end of June. We are so thankful that so many of our members, friends and family were able to make the time to be with Nikki and Michael's sister Susie and brother-in-law Pinch to remember all the craziness and love that Michael brought into all our lives. We boarded American Girl and Russ took us all out into the bay. It amazes me to see the skill in which he maneuvers his boat through the marina. Being used to my 20-foot boat, American Girl at 54 feet seems like a yacht!

The weather was perfect, and the ride was smooth. Once Russ picked a good spot, Doug let down the anchor. As Russ backed up to set the anchor, there was a distinctive pop. The anchor was gone. Nikki blamed Michael and his shenanigans for this occurrence. Minutes later Russ was on the bow with a second anchor that he, along with Dave, Bob, and Doug put together. Thank goodness for instructions and patience because this was no small undertaking with 15-year-old Oliver at the helm making sure we did not run aground or run over any crab traps.

Finally ready to drop the second anchor, Dave and Russ had us all set for our celebration in no time. Many of us had Michael stories to tell; if you knew Michael, you know how much fun this was with all his crazy antics! After the stories and laughs it was time for Cdr Nowroozani to say a prayer and the family to send Michael's ashes to their final resting place.

Everyone mingled and had some snacks after candles that Michael had bought and left in the church were given out to the friends and family that were on the boat. Once it was time to head back, Dave Bernard started pulling in the anchor. As Dave got the anchor all the way up, he gave it one last heave so that it could rest snugly at the bow and fell backwards

on the deck as the anchor plopped back into the water without the rope. Nikki immediately got up to find Chris and let him know that apparently Ginny was not to be outdone in snagging one of Russ' anchors, and the very one that had originally belonged to Chris and Ginny on the boat that Russ bought from them several years before. Michael and Ginny have been causing all kinds of mischief since Michael passed in December and this was of no surprise to those of us that have been around Chris and Nikki to witness the crazy things that have been going on.

It is now mid-July and I am happy to report that Russ found and retrieved the second anchor and it will surely be used One Moor Time. The first, however, is lost forever.

It was a great day of remembering the good times that we all shared with Michael and Ginny. Michael is missed by those of us that were closest to him every day. Pictures of the event, including the loss of two anchors is on page 5.

Rest in Peace my dear friend, rest in peace. You are forever One Moor Time's anchor retrieved. loved.



ABC Lehigh Valley's 'Loopers'





Greetings everyone! We left you last time in Brunswick, GA. We made several stops in GA including Savanah, which is a great town for boaters. Wonderful waterfront and loads of fun with some looper friends! On May 15th we returned to Beaufort, SC and "crossed our wake" and our Great Loop trip was finished. It was a little bittersweet to finish up such an amazing adventure. It seems like it went by so fast, but we were looping for 14 months!

Seeing many of you at Michael's final farewell during the Summer Rendezvous in Rock Hall, MD was heartwarming. It was a blessing to get together and share our Michael stories. Our dear friend will be missed.



Crossed our wake and put out our gold burgee!

We continued up the east coast, trying to find new plac-

es to stop that we missed on our first trip through. Norfolk, VA was a real treat this time. Last year so much was closed due to COVID, but this year we saw all kinds of museums.

We made it to Cape May, NJ for the 4th of July, spending it with our son and some friends.



From the bow of the battleship Wisconsin in Norfork, VA

Saw the fireworks from the Delaware Bay, always the best to see them from your boat.

When we got to NYC we headed east up the East River into Long Island Sound. This trip we traveled along the Connecticut coast and found some nice little towns we've never visited before. We anchored in Mamaroneck Harbor, stayed at Milford Landing Marina, and Old Lyme Docks; both great old waterfront towns!

From there we came to one of my favorite places in the world, Watch Hill, RI! Many childhood memories here and the town looks the same as it did 60 years ago. The Flying Horse Merry-Go-Round is still operating unchanged since 1883. We will be spending the rest of the summer in and around Narragansett Bay, visiting all our old haunts and meeting old friends before heading south again for the winter. Our Great Loop trip is done, but we will continue cruising for the next few years.

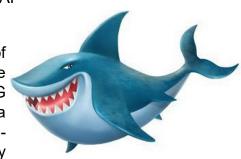




SHARKS IN THE WATERS

By P/D/C Drex Bradshaw, AP

I am using this catchy phrase to highlight what is happening in the area of boat documentation. Some of us have our boats documented with the USCG while others are registered with their states. In the case of USCG documentation there is a yearly renewal now changing to several years as a possibility. The SHARKS in the waters as my title alludes to, is about a company know as Marine Documentation Center (MDC). They are a 3rd party



that will act for you to document and/or recertify your USCG Documentation, but are not affiliated at all with the USCG. Their prices are out of sight and downright untenable when compared to what USCG charges. The major problem is that on the internet if you simply type in USCG Documentation it will give you several sites which direct you to MDC or other sites, but not USCG even though you have that in your request. You will need to scroll down past several selections to find one that is USCG only or call the number to USCG in Falling Waters, West Virginia. I am sure MDC has paid Google to ensure that they are always first in line for anyone who happens to log on looking for documentation services. This is not illegal, but immoral, in that several of the links all lead you to MDC.

As a 3rd party, they have direct access to your documentation number and data associated with it, which somewhat confirms that you have USCG on the phone. Such is not the case and after a few questions you arrive at one that tweaks your interest when they want the SSN of the owner and co-owner. I should



have known right then that I was not talking to USCG (but in the heat of battle, my certification had expired over a month previously while I was in the hospital), but confused I continued. They are quick to respond and will take advantage of the situation allowing you to think you have USCG on the phone, should you be calling rather than surfing the net for USCG, which I should have done. Then comes the comments that all payments are non-refundable (that should have been another tweet, but still thinking I am talking to USCG, I continued) and confirmed a charge of \$750 for recertification and 5 years renewal.

That, in itself, should have been an electric charge to my system as to exactly whom I was speaking with. But I continued and immediately confirmed with my co-owner that in 2018 she had received a letter from them and she had signed on for 3 years of renewal. All the while, I am paying my yearly renewal with USCG receiving my renewal notice at least a month ahead of my expiration date. Covid could have disrupted the snail mail, along with receiving mail only once or twice a week. Thus, my expiration date passed, and now I needed to be legal. An immediate recall to MDC as to my request for cancellation where upon the same individual said all I needed to do was send an email that "I thought I was talking with USCG" and it would be canceled. True, but that non-refundable issue did not rear its head until several emails later when I asked for clarification of my cancelation and a refund to my credit card. I then called USCG in Falling Waters, West VA. I was informed that they had no affiliation with MDC and spend hours talking with members such as myself about the excessive expense they charge and to be honest, leave you hanging with; items like it takes 8-12 weeks to get your results. While on the phone, I gave my email to USCG and paid my \$81 for recertification. I got it in the mail within a week. I immediately called my Credit Card Company and complained about the charge. Ultimately, they helped me get a rebate, but even that took time. Lesson? Don't be duped by MDS.!



Make your own first-aid kit



Since medical attention is seldom close by when on the water, you should have a marine first-aid kit that is well stocked, up-to-date and at the ready.

Stock it with the supplies needed to treat any ailment; <u>injuries on the water</u> come in many forms and degrees of severity, from an embedded fishhook to gaping cuts and broken bones.

If a life-threatening injury occurs, you should first make a <u>mayday</u> call on channel 16 to report the emergency and then call 911 if cellphone reception is available.



Before assembling your first-aid kit

Start by finding or purchasing a plastic air-tight storage container to keep your first-aid supplies dry. Label the lid "first-aid kit."

Next, be prepared. Take a first-aid and <u>CPR course</u>, and remember to the three basics of first aid: restore breathing, stop severe bleeding, and treat shock.

Basic first-aid kit supplies

- Scissors
- Tweezers
- Stomach remedies to prevent or treat motion sickness (meclizine such as Antivert or Bonine), indigestion, diarrhea and heartburn
- Antihistamine for allergic reactions
- Anti-itch lotion or soothing cream for treating insect bites, sunburn, and other minor skin irritations
- Butterfly bandages and narrow adhesive strips to close gaping cuts
- Adhesive bandages in assorted sizes
- Individually wrapped 2-inch and 4-inch sterile gauze pads to control bleeding
- Hypoallergenic adhesive tape to hold a dressing or splint in place
- Roll of absorbent cotton as padding for a splint or to control bleeding
- Sterile roller bandages, at least three rolls in 2- and 3-inch widths to support strained muscles
- Eye drops (artificial tears)
- Antiseptic ointment, spray or wipes for cleansing wounds
- Antibiotic ointment (neomycin, bacitracin) to prevent infection of minor wounds
- Pain or fever reducers: high dose aspirin (to chew in case of suspected heart attack), acetaminophen, ibuprofen or naproxen
- Clean towels (small and large) to control bleeding or as a wrap for ice
- · Chemical ice packs if you don't carry ice on board
- First-aid handbook

Always carry at least twice the number of bottles of water as there are passengers on board on short trips lasting a few hours. Use sunscreen and reapply as directed. –*Sylvia Wedge*

This article first appeared in South Wind, newsletter of Sarasota Power & Sail Squadron/22.





Boating Links

Life jackets save family after boat fire on Lake LBJ Life jackets save family after boat fire on Lake LBJ - DailyTrib.com





Will your caulk withstand the test of time against UV, salt, cleaning and all the other elements? Find out how several that were tested fared after 3 years of exposure. Caulks Versus Mildew - Practical Sailor (practical-sailor.com)

More Hurricanes coming our way? NOAA is predicting above normal hurricane season in the Atlantic for 2022 NOAA predicts above-normal 2022 Atlantic Hurricane Season | National Oceanic and Atmospheric Administration





We've heard about ESD before, but this is an informative and well written article about why Electric Shock occurs, what it looks like and how to prevent it. Preventing Electric Shock at the Dock - Practical Sailor (practical-sailor.com)

Having trouble keeping your vinyl windows clear? Here are some tips on how to safely clean and the best way to store your vinyl windows <u>Best Practices for Maintaining Clear Vinyl - Practical Sailor (practical-sailor.com)</u>



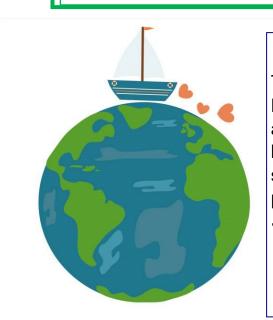


Have bottom paint? Is it covered in barnacles and other things that are slowing you down and burning more fuel? Here are some of the best ways to clean it. Bottom Paint Care - Practical Sailor (practical-sailor com)



Did You Know?





The youngest person to sail around the world is Laura Dekker. She was 14-years old when she went off to sail around the world in 2012. She finished her trip 518 days later when she was 16. Now she is a motivational speaker and encourages young people to explore their passions as she did, through the Laura Dekker World Sailing Foundation.

Read more about her and the foundation here: Home -Laura Dekker World Sailing Foundation

Vasa is a Swedish warship that is known for sinking in 1628 and being recovered in 1961. After spending centuries in the water, this boat was still completely intact and in good shape. It is actually the only vessel left from the 17th century. This boat now lies in the Vasa Museum of Stockholm which was built as a tribute to this ship. It is now one of Sweden's most popular attractions with almost 30 million tourist visits.

Learn more about this incredible piece of history here: History of Vaasa (vasamuseet.se)









2022 Calendar of Events

August Iron Pigs Meeting

Wednesday, August 3 Coca-Cola Park 7:05pm

Musikfest Mania

Tuesday, August 9 Hotel Bethlehem 6pm

Fall Trailerboat Rendezvous

Saturday, August 27 Ridley Park Marina 11am

September Meeting and Chili

Cook-off

Wednesday, September 7 Nowroozani Residence 6:30pm

Cookout

Saturday, September 17 Lebeduik Residence 3pm

Sporting Clays

Saturday, October 15 Lehigh Valley Sporting Clays 11:30am Oktoberfest

Saturday, October 15 Meisner Residence 5pm

Beer Tasting

Saturday, October 22 TBD

November Meeting

Wednesday, November 2 Morgan's Local Flavor 6pm

Road Rally

Saturday, November 12 Hops Fogelsville Hotel 6pm

Wine Tasting

Saturday, November 26 Montuori Residence TBD

Holiday Party

Saturday, December 10 Carriage House 6pm

January Meeting and Potluck

Wednesday, January 4, 2023 Nowroozani Residence 6:30pm Phantoms Game TBD

Founder's Day Meeting Wednesday, February 8 TBD

Wine and Chocolate Pairing

Saturday, February 11 Lebeduik Residence TBD

Game Night

Saturday, February 18 Meisner Residence 5pm

Change of Watch Saturday, March 4 TBD

All Calendar events are subject to change as the bridge sees fit.

Please contact Kathy at k.now@mac.com or

(956) 240-5553 for more information on any scheduled event.

