

# Anchor



# Watch



Official publication of the Annapolis Sail and Power Squadron  
District 5, a unit of United States Power Squadrons®



June/July 2025

Annapolis, Maryland

Volume 84, Number 06/07



## Commander's Message

Cdr Jeff Short, JN-IN

The spring boat show season is over. I'd like to thank Ralph Leasure, David Tower and all those who helped out to set up, break down and man the ASPS booth during the two Spring boat shows.

As we wind down our membership meetings for the summer, I'd like to thank all those who put so much effort into making our meetings a success. Thanks to Bruce Arey for finding speakers and for sitting in for me a few times to run the meetings. Thanks to Lorrie Short for working with Elks Club management. Thanks to Howard Cupples for his inspirational invocations. Thanks to Gretchen Cupples and Terry Slattery for manning the table to collect the money and greet the attendees. Thank you Georgiana, Carol and

Peggy for working behind the scene to put the fun details into each meeting. Most of all, thank you to all of you members and guests for showing up and supporting our club.

Now that summer is here, it's time to remind everyone about some tips to stay healthy and safe.

### Stay hydrated.

Any of you who get out of the house and go out in public must have noticed how all the young people are toting around heavy metal flasks in vibrant colors, some with stickers, some look to be gallon sized. It's a fashion statement with healthy consequences. They may be carrying them around to be cool, but they are staying hydrated and saving the planet as a consequence. Rather than contributing to the world's plastic problem, they carry these heavy reusable water bottles. My son carries one that must weigh ten pounds. Even my 3 year old grandson doesn't go anywhere without his water flask.

Interestingly, we more mature folk tend to get dehydrated very easily. I rarely saw an older person in the Emergency Room who was NOT dehydrated to some degree. Lorrie and I have taken to carrying around a hydro flask, albeit a smaller version that fits in the cup holder of the car. Whether you decide to join the hydration craze by carrying around a reusable water flask or not, I highly recommend drinking a large glass of water every morning and the rest of the day not passing a water faucet without taking a drink.

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**Sun protection.**

It's a good habit to get into to put some SPF 30 on your face, neck and ears every morning. They make sunscreen especially for faces that aren't as sticky or greasy. Don't miss the inside of your ears. There is not much need to go above SPF 30 which provides over 95% protection if applied properly and often. Also, I highly recommend having your doctor refer you to a dermatologist every year for an annual skin check.

**Outdoor Safety**

If you're going to be outside in your yard, gardening, cutting the grass, etc. be sure to put on bug spray. Check for ticks when you come back inside. I have seen more and more tick related illnesses in the past year. These are illnesses that you DO NOT want to catch and they are preventable with consistent use of bug spray.

Always wear a helmet if you are riding a bike even just around the block.

Never swim alone even in your back yard pool.

And lastly but most importantly, DO NOT EVER climb a ladder, not even a little step stool. Falls, even from a small height, are devastating at our age.

Have a great summer. Be healthy and stay safe.



**On April 19, Bosun's Marine in Grasonville sponsored our America's Boating Club basic introduction to boating course in their facility. Joe Burke, one of our new members from the Kent Island squadron, took the participants through all the ins and outs of boating on local waters. We thank Bosun's Marine for offering this location for one of our most popular courses.**





## Administrative Officer

### Lt/C Bruce Arey, JN

The speaker for our June meeting will be Christopher Sniezek. He is the Executive Director of the Star-Spangled Banner Flag House and Museum in Baltimore, Maryland. He will be giving a presentation on Mary Pickersgill who once resided in the house.

The Star-Spangled Banner Flag House in Baltimore, Maryland, is a significant historical site where the American flag that inspired the national anthem was crafted.

Built in 1793, the house became the residence of Mary Young Pickersgill in 1807. In 1813, she, along with her daughter Caroline, mother Rebecca Young, and 13-year-old African American indentured servant, Grace Wisner, sewed a massive 30-by-42-foot garrison flag. This flag flew over Fort McHenry during the British bombardment in 1814, inspiring Francis Scott Key to write "The Star-Spangled Banner," which later became the U.S. national anthem.

Today, the Flag House operates as a museum preserving early 19th-century American history. Visitors can explore:

**The Historic House:** Restored to reflect the period when the Pickersgill family lived there.

**Modern Museum Wing:** Features exhibits on the War of 1812, the Battle of Baltimore, and the flag's creation.

**Notable Displays:** Includes a large window replicating the original flag's design and a U.S. map made from stones representing each state.



**Our squadron has so much to offer to fellow boaters – continuing education, safe boating surveys, community service, and great socializing! It takes all of us to spread the word about our organization!**

**Your executive board is developing ways for all members to assist in distributing promotional material to over 100 marinas and boating businesses in the greater Annapolis area. Members will have the opportunity to visit 3-4 sites in the early spring to drop off brochures and posters. The commitment is for no more than an hour.**

**Stay tuned for more information as we all pitch in to grow our exciting squadron!**

# ASPS Dinner Meeting

## Thursday, June 5, 2025

Elks Lodge - 2 Pythian Drive, Edgewater, MD 21037

6:00 PM - Social Hour

7:00 PM - Dinner

7:30 PM - Speaker - Christopher Sniezek, the Executive Director of the Star-Spangled Banner Flag House and Museum in Baltimore, Maryland.

**Meal will include:** Meal will include:  
Salad, Fried Chicken, BBQ Ribs,  
Red Bliss Potatoes, Green Beans,  
Dinner Rolls & Butter, Desserts

Vegetarian meals will be plated and served.  
Vegetarian Option: Pasta Primavera and Red Sauce.  
Please indicate vegetarian  
when you send your response.

RSVP by Monday, 28 April, 4 PM to  
[aspsdinnerreservations@gmail.com](mailto:aspsdinnerreservations@gmail.com)

\$20.00 per person by cash or check at the door.  
Make checks payable to Annapolis Elks.

Note: All no-show reservations are responsible  
for the cost of the dinner.



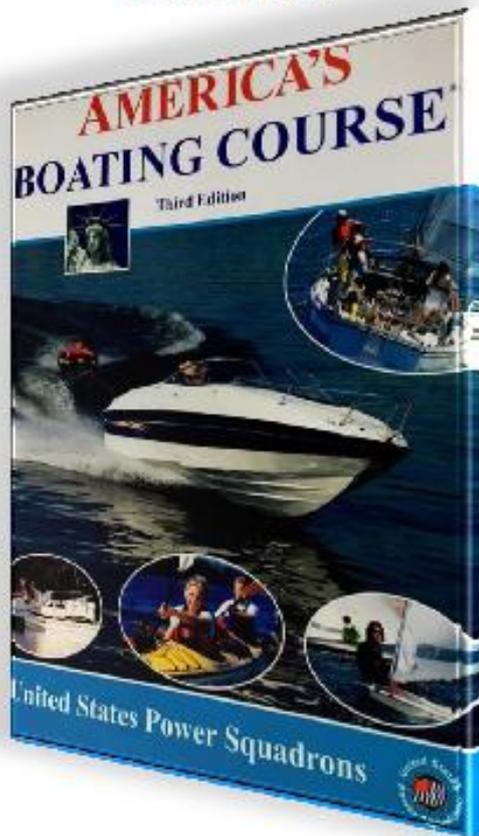
# AMERICA'S BOATING CLUB

For Boaters, By Boaters™




Annapolis Sail & Power Squadron (ASPSMD.org)

## GET YOUR BOATING SAFETY CERTIFICATE



America's Boating Course is the most comprehensive, single source, in-person boating course available to give you the skills you need to enjoy your time on the water and boat with confidence. Taking this boating class reduces your risk of accidents and injuries, saves you money on boat insurance, and meets the Maryland Boating Safety requirement for those born after July 1, 1972.

Please register on [ASPSMD.org](https://ASPSMD.org), Click on link or by calling or emailing Dick Radlinski at 937-407-0106 or [radlinskid@gmail.com](mailto:radlinskid@gmail.com).

Additional Information will be sent after registration.



### WHEN

Sat June 21 & Sun June 22  
12:00 PM – 5:00 PM

### WHAT

America's  
Boating  
Course

Non-Members  
\$35 Adults 18+  
No Charge 17 & Under  
Members FREE

To Register Visit  
[ASPSMD.org](https://ASPSMD.org) or use link  
below  
For More Info  
Please Contact  
Dick Radlinski  
937- 407- 0106 or  
[radlinskid@gmail.com](mailto:radlinskid@gmail.com)  
**DON'T MISS IT!**

### WHERE

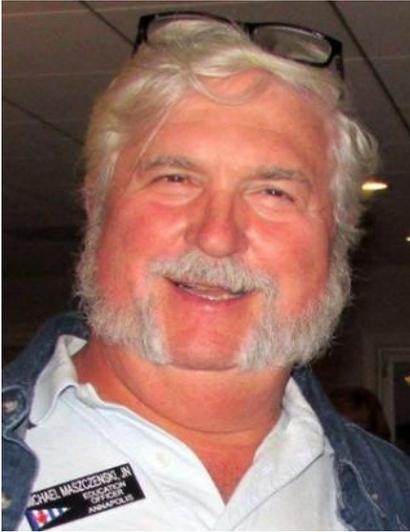
Two Sessions from 12 to 5 PM  
June 21 & June 22 at  
Epping Forest Clubhouse  
354 Severn Road  
Annapolis, MD 21401

**YOU MUST ATTEND BOTH SESSIONS**

[Click Here to Register](#)

<https://tinyurl.com/kd8mabr7>



**Educational Officer****Lt/C Michael Maszczenski, Jr., N**

The education year is coming to an end with the ABC Course to be taught at Epping Forest Community Center. Please see the ad. If you or someone you know needs their Boating Safety Card, please refer them to the course. We will be offering courses and seminars again this Fall. In the planning are: Winterization seminar, Instructor Dick Radlinski, and the Sail course- Instructors Tony Martin, John Locke, and Patrick McGeehan. We will most likely offer ABC again in the Fall. We will reschedule Hurricane Prep. Let me know if you have an interest in a course, and we will investigate running it.

With the retirement of some courses and the introduction of new courses, there has been a change to the S, P, AP, JN, N, SN grade progression. For those who are interested, the following link describes the new policy for grade progression. [AG-Strategy-Grade-Progression-Policy.pdf](#)

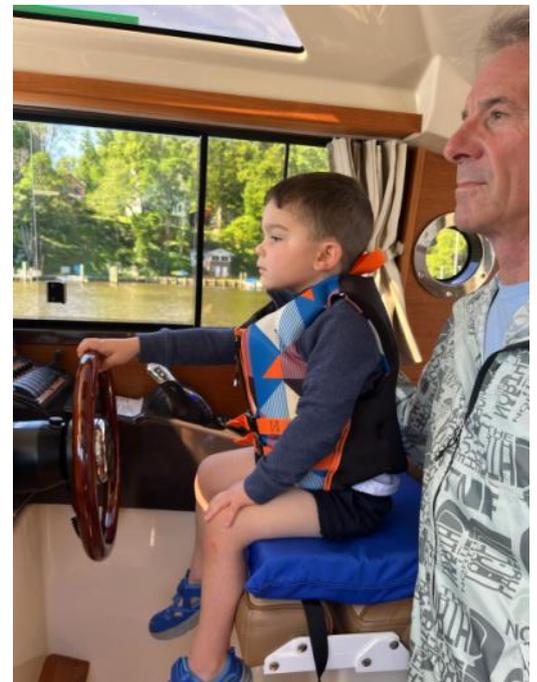
Have you ever had a nautical term you need a definition for? USPS has an online glossary for your use. [Search USPS Glossary Database](#)

Looking for District 5 news? The link below takes you to the D-5 website. You can download the latest Mark 5 and check on the latest activities. [District 5 Home Page](#)

For those summer downtimes, check out the America's Boating Channel for boating entertainment and shows. [America's Boating Channel](#)



**Grandparents Jeff and Lorrie Short took their favorite little guy out on the boat to see the Blue Angels.**



# Boating Links to Browse

Remember this picture?



Chesapeake Bay Magazine brings us a podcast: [From the Wheelhouse: Lessons Learned from Boat Collision](#). Marine experts discuss the collision.

Spinsheet magazine has a nice article on Chartering in the BVIs.

<https://www.spinsheet.com/charter/charter-sailing-among-friends-british-virgin-islands>

Practical Sailor has a video on choosing the best batteries for your boat.

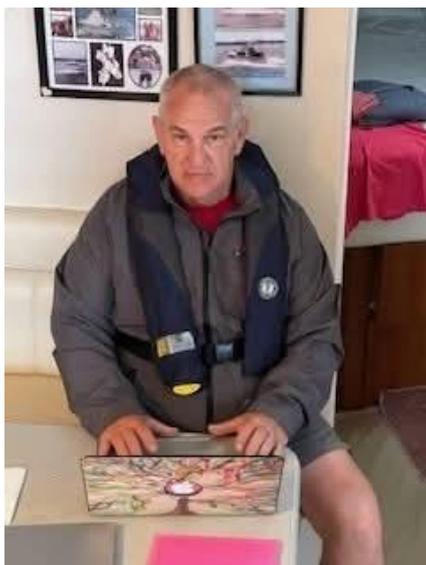
<https://www.youtube.com/watch?v=jWNLtDesQ4I>

Practical sailor addresses [extra lights while anchoring](#). This is of interest to anyone who feels that a tiny light way up at the top of a very tall mast may not be readily visible to folks puttering around at night.

For trip ideas in the Chesapeake Bay area:

<https://www.visitmaryland.org/unique-experiences/chesapeake-bay-loop> This site changes frequently. Bookmark it and return on a regular basis for all sorts of activities in the area.

For more nautical-related links, see the "Links Page" on the ASPS website: <http://aspsmd.org/wrappers/pages.php>



ASPS Associate Member and National Commander, Ralph Bernard, his wife, Nance, and Apryl Bernard participated in the "Wear Your PDF to Work Day".





Dinner Pics  
May 1, 2025  
Elks Lodge



# Ladies! Let's Do Lunch!



**Date: Tuesday, June 10 2025**

**Time: 11:30 AM**

**Location: Doc's Riverside Grille  
511 Chesterfield Avenue  
Centerville, MD 21617**

**R.S.V.P. to Kathy Burke  
at [kab2016dec@gmail.com](mailto:kab2016dec@gmail.com) or (410) 279-0818  
by Monday, June 9 at 4pm.**

**SAVE THE DATE for next lunch: Tuesday, September 9, 2025**



# Ladies Lunch

May 13, 2025  
Julep, Annapolis





## Medical Kit Checklist for Day/Weekend Cruising

**Noreen Martin**

*The Editors of the Anchor Watch invite and encourage our membership to submit photographs of adventures and articles of interest. This month, our safety article was submitted by Noreen Martin. We had the opportunity to talk to Noreen about what she found necessary on their boat when taking out guests for a day sail or an overnight adventure. Noreen had some great ideas, so we asked her to write them up for us.*

As you head out for a boating adventure on the Chesapeake, you know what you need for your own medical issues. However, preparing for guests requires another level of preparation. You are responsible for the wellbeing of your guests as well as for their good times aboard your boat. As you prepare for your summer adventures with friends, here are some useful suggestions.

Take note of the location of **AED Machines** at your marina.

**Medications-** Remind your guests to bring any medicines prescribed by your physician. For example – an inhaler if asthmatic, an EpiPen if needed.

**Headache, Pain, Fever-** Be sure to have on hand products such as Motrin, Aleve, and Advil to take as needed. Include Tylenol for those guests who cannot tolerate or use the other products.

**Dizziness/Vertigo** – A common cause of dizziness is dehydration. While underway, one should stay hydrated with water. Consider adding Gatorade for adults or Pedialyte for children to your supplies list.

**Allergies-** Consider having Benadryl, Claritin, Allegra, Zyrtec or Xyzol onboard for allergy relief. You can also add a decongestant to your supplies such as Sudafed or Claritin D. Just remember that the latter may cause drowsiness.

**Sore Throat-** Add apple cider vinegar to your supplies. It can be used as a gargle for sore throats. You can also use warm salt water. If you want to add more supplies, take along some lozenges to be used as needed.

**Rash/Skin Irritation** – Be sure to have either Benadryl cream or hydrocortisone cream onboard. Also, be sure to have some sunscreen with SPF 50 or greater for those guests who forget to bring their own.

**Sunburn** – Carry Calamine lotion for local irritation. You can also use Aloe Vera topically.

**Jellyfish Stings** – Start by rinsing the area thoroughly. Remove any visible tentacles, and soak the affected area with hot water if available. If not, use a hot pack. Hydrocortisone cream should be applied topically. A pain medication like Motrin can be given. You may also want to add a Lidocaine patch to your supplies. Salonpas makes Lidocaine patches that are readily available at your local drugstore.

**Heartburn/Reflux** – Be sure to have a product onboard that addresses these issues. Some potential products are Tums, Pepcid or Prilosec(Omeprazole).

**Diarrhea** – First, make sure your guest stays hydrated and avoids solid foods. Make sure your medical kit contains a product such as Pepto-Bismol and/or Imodium AD.

**Cuts/Abrasions** – The first step is to remind potential guests that it is best to be sure their Tetanus vaccine is up to date. Be sure your medical kit includes the following: an assortment of Band-Aids; Steri strips; self-adhesive compression tapes; rubber gloves; alcohol swabs; Peroxide/Betadine;



Saline for irrigation (you could also use tap or bottled water). Have a produce such as Neosporin to apply topically – if the person is **not** allergic to it.

**Muscle Strain/Sprains** – Your kit should include Hot/Cold packs, Ace wraps, Lidocaine Patches, as well as the aforementioned pain relievers.

**Menstruating Females** – Always be prepared if hosting young women by including some tampons and sanitary pads in your kit.

**Tools** – Finally, be sure your medical kit is equipped with basic tools such as tweezers/forceps, scissors, eye wash cup, tourniquet, Emesis Basis, saline solution, and small safety pins. The safety pins are very useful when trying to extract splinters!

Yes, this is quite the list. However, you will feel confident that you can keep your visiting crew happy and healthy during the entire voyage.

As always, remember that these are just suggestions! You may think of other things you wish to add.

**ASPS Logo apparel**  
<http://asps.qbstores.com>



From Pat McGeehan

On December 31, I closed out a 42 year career. On January 3, Linda and I hit the road, kicking off our first season snowbirding in Sarasota. I must say that retirement has a lot to recommend it, as does spending a few months on the Sun Coast. So far, what many have told us about retirement has borne true; there is not enough time in a day to do the things we would like to do.

One of our more interesting excursions was set up by our photography club. They arranged a field trip to Herrmann's Royal Lipizzan Stallions training facility. Their website describes these endangered horses as "ballerinas of the horse world," and provides a bit of history on how they arrived in the U.S. We've seen them perform in Vienna, but this event provided an opportunity to get up close to the horses, engage with some of the trainers, and of course, take lots of pictures including a cameo of the barn cat. Here are a few of the better shots I took with my iPhone.

Check out their website if you want more details!

<https://www.herrmannsroyallipizzans.com>



*Editor's note:*

*Thanks to Pat for sending these pics from their Florida trip.*

*The next time you see Pat, congratulate him on his retirement.*

*He agrees that now he will have more time to work on the boat.*

*Been someplace interesting? Share your photos!*

*We are always looking for news from members.*



## Dinner Delights

### Lt/C Georgiana Maszczenski, S

Did you miss our May meeting? You missed a personal narrative of a lifelong love of boating. Lt JG Alejandro Carriazo joined us to present *Salt Through My Veins*. He shared how his past led to his present love of boating – and teaching at the Naval Academy.

Here are some of the interesting stories he shared:

- ★ Alejandro's first word was *fish*!
- ★ Alejandro learned to drive a boat at nine years old.
- ★ His father had high standards for navigating and maintaining a boat.

He passed that discipline and skills to his son. Alejandro found them very useful when becoming an officer in the Navy via the Naval Academy.

- ★ Most second year students at the Naval Academy buy a car. Alejandro bought a sailboat!
- ★ On his military deployment, he was on a ship that had an anchor weighing 9,000 pounds.
- ★ That ship was deployed for 100 days straight. Refueling was done at sea, as was the delivery of supplies.
- ★ Currently, he is an instructor of Seamanship and Navigation at the Naval Academy.
- ★ The Naval Academy continues to teach sailing. Sailing teaches skills for leadership, teamwork, and long range planning.

If you were unable to join us, you missed a presentation that was a story of how passion can lead to purpose. Alejandro Carriazo developed a passion for boating during adventures on the water with his father. That passion led to a career in the Navy. As always, we are able to offer dinner meetings that bring together friends who love boating. We also always offer informative speakers so you can learn something interesting about boating on the Chesapeake Bay and beyond. We look forward to seeing you soon.



Editor's Note:

To err is human. To really mess up, you need a computer. And, this image proves it.

I am always looking for good clip art to use in the Anchor Watch. I came across this image generated by AI.

This is a riddle for all of you pilots and navigators out there.

There is a big problem with this image. Yes. The reflection shows two red bands, instead of one. But, other than that, what is wrong with the entire concept? Think about it...



## 2025 D/5 Cruise and Rendezvous - Smith Mountain Lake Details and Reservation Information

You are invited to join us at Smith Mountain Lake for a two-part event this summer during the week of July 14-20, 2025.

### Part 1 - The Cruise

Join us as we cruise the 20,000 acres of SML on house boats. Enjoy the live-aboard life in fully equipped boats as we take in the sites and rendezvous locations around the lake. We'll board the rented boats on Monday, 14 July, and cruise together for 4 days and return ashore Thursday, the 17th. If house boats are not your thing, bring your boat, or rent a runabout of your choice, and sleep ashore.

### Part 2 - The Rendezvous

On Thursday, 17 July, our activities will move to Mariner's Landing in Huddleston, Va. This will be the center of our activities, hospitality and banquet. Mariner's Landing is a lake front condo and residential community that includes swimming and fishing areas, docks, tennis & pickle ball courts, fitness and game rooms, indoor and outdoor pools, eateries, golf and more.

### The Call to Action

July is a busy season on SML. Vacationers will soon be booking home and boat rentals and we need to get there before them. So, make the decision to join us for this event now. Then, book reservations for your choice of boats and rooms before availability becomes difficult. **Sooner is better.** Details of activities are still being developed and will be communicated as they come together. Rendezvous registration will also follow later. Sharing of boats and condo / housing is encouraged.

Parrot Cove Boat Rentals  
16441 Booker T. Washington Hwy  
(540) 721-5363

[www.parrotcove.com](http://www.parrotcove.com)

House Boats: 53' boats sleep up to 10. 39' boats sleep up to 6.

Mariner's Landing  
12263 Smith Mountain Lake Pkwy  
Huddleston, VA

[marinerslanding.com](http://marinerslanding.com)

To make reservations: Use AirBnB or VRBO. In the search line, use the address for Mariner's Landing. This will return the condos that are available plus nearby houses.

Have questions or need additional information?

Contact Randy Stow, [SMLstow@gmail.com](mailto:SMLstow@gmail.com) or (540) 588- 0270.





# Ice Cream Social

Thursday, 21 August 2025 - 6:00 PM 'til?

Slattery Pool House  
1000 Whitehall Cove  
Annapolis, MD 21409

Bring Ice Cream, Topping or Dessert

**RSVP by Monday, August 18th**

Peggy at [peggy@ccci.com](mailto:peggy@ccci.com)  
or 443-994-0670

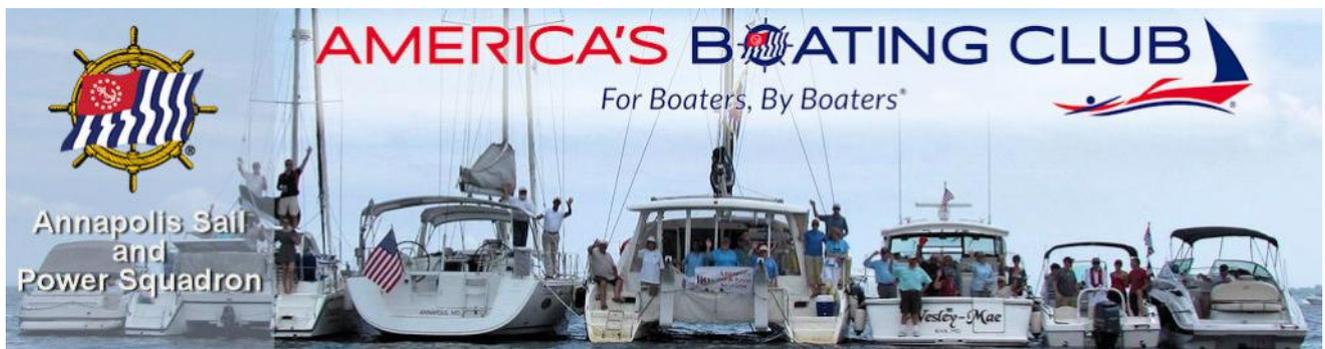
Or Georgiana at [gmaszczenski@hotmail.com](mailto:gmaszczenski@hotmail.com)  
or 410-739-7799



Changes to your phone number, address, e-mail?  
Please contact P/C Kathy Nash, AP-IN  
at [roster@aspsmd.org](mailto:roster@aspsmd.org) or 410-703-9559



Check out our website at <http://aspsmd.org/>



Follow the ASPS facebook page at  
[www.facebook.com/aspsmd.org](http://www.facebook.com/aspsmd.org).

Forward information and comments to  
[facebook@aspsmd.org](mailto:facebook@aspsmd.org).



P/R/C Bill Eldridge, SN

### Vessel Safety Check

To arrange for a  
VSC for your boat,  
contact Bill at

[vsc@aspsmd.org](mailto:vsc@aspsmd.org).



# Calendar of Coming Events

## United States Power Squadrons® Events

### District 5 Events

- 15-20 Jul Summer Rendezvous at Smith Mountain Lake, Virginia
- 6-9 Nov Fall Educational Conference at the Doubletree Hilton in Lancaster, Pennsylvania

### Squadron Events for Annapolis

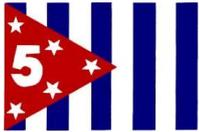
- 01 May ASPS Dinner Meeting - Elks Lodge - Annapolis
- 15 May Hurricane Preparations - Zoom
- 22 May ASPS Executive Board Meeting
- 05 June ASPS Dinner Meeting - Elks Lodge - Annapolis
- 24 July ASPS Executive Board Meeting
- 21 Aug Ice Cream Social
- 28 Aug ASPS Executive Board Meeting

For a complete list of ASPS Squadron Events, see:

<http://www.aspsmd.org/calendar/month.php>



[www.usps.org](http://www.usps.org)



[www.uspsd5.org](http://www.uspsd5.org)



[www.aspsmd.org](http://www.aspsmd.org)



America's Boating Club/  
Baltimore/  
Dundalk  
[Web Page](#)

### SUNSHINE LADY

If you know of anyone sick or in the hospital, please contact our sunshine lady.

Betty Rouse Wilmot  
[sunshine@aspsmd.org](mailto:sunshine@aspsmd.org)



## ASPS Squadron Leadership 2024 -2025

### Bridge

**Commander:** P/D/C Jeff Short, JN-IN

**Chaplain:** P/C Howard Cupples, JN

**Flag Lieutenant:** P/C Stu Myers, AP

**Merit Mark Chairman:** P/C Lee Myers, AP

**Law Officer:** P/C Anthony Martin, JN

**Executive Officer:** P/C Ralph Leasure, AP

**Vessel Safety Chair:** P/R/C Bill Eldridge, SN

**Safety Officer:** 1st/Lt Terry Slattery

**Communications Chair:** P/C Anthony Martin, JN

**Coop. Charting Chair:** P/C Ron Ricketts, AP

**Administrative Officer:** P/C Bruce Arey, JN

**Asst Admin Officer:**

**Membership Chair:** Lt/C Lorrie Short

**Boating Activities Chair:**

**Educational Officer:** St/C Michael Maszczenski, Jr., N

**Asst Educ Officer:** 1st/Lt Patrick McGeehan, P

**BOC:**

**Operations Training:** P/C Stu Myers, AP

**Secretary:** Lt/C Carol Rechner, SN

**Asst Secretary:** 1st/Lt Linda Sweeting

**Webmaster:** P/C John Wesley Nash, SN-IN

**Historian:** P/C Peggy Slattery, S

**Newsletter Editor:** P/Lt/C Georgiana Maszczenski, S

**Treasurer:** Lt/C Lorrie Short

**Asst Treasurer:**

**Executive Committee:**

Susan Gilbert, S

P/Lt/C Diane Leasure

P/C Anthony Martin, JN

P/C John Wesley Nash, SN-IN

P/C Kathy Nash,

P/C Peggy Slattery, S

Edwin Sunderland, JN

David Tower, AP

P/C John Wilmot, JN-IN

### Immediate Past Commander:

P/C Ralph Leasure, P

### **Audit Committee:**

William Klepczynski, JN

Homer Sandridge, N

### **Nominating Committee:**

P/C Ralph Leasure, AP, Chair

P/C Bruce Arey, JN

Diane Leasure

P/C Peggy Slattery, S

P/C John Wilmot, JN-IN

### **Rules Committee:**

P/C Stu Myers, AP, Chair

P/D/C Jeff Short JN-IN

P/Lt/C Diane Leasure

### **Budget Committee:**

P/D/C Jeff Short, Chair

Lt/C Lorrie Short

P/C Ralph Leasure, P

### **Roster Contact:**

P/C Kathy Nash, AP-IN

### **Information Technology Contact:**

P/C John Wesley Nash, SN-IN

### **ASPS Facebook Editors:**

P/C Kathy Nash, AP

P/C John Wesley Nash, SN-IN



**Anchor Watch  
Deadline for August Newsletter:  
Saturday, July 19, 2025**

**Direct all material to:  
Lt/C Georgiana Maszczenski, S  
[anchorwatch@aspsmd.org](mailto:anchorwatch@aspsmd.org)**