

Happy Valentines Day

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vided by P/C Michael Lebeduik, III, JN and Lt/C Kathleen Nowroozani, JN

FEBRUARY-MARCH 2014





Delhigh Game Night



By Fran Montuori, SN

It was a dark and stormy night..... NO WAIT! That's the start of another story. But on Saturday, 11 January 2014 which was Delhigh Game Night at the Club Casino-

P/D/C Chris and Ginny Brown's home, the weather was pretty much the same but with a goodly amount of fog thrown in for good measure. My day began guite peacefully except for the weather. Diane had tickets to see the Grace Kelly exhibit at the Michener Museum in Doylestown with one of her sorority sisters. I had already expressed a strong ZERO interest in going and was content to sit and watch the wind and rain (torrential at times) as best I could through the fog. My peaceful aura was broken (smashed I might say) by Diane announcing that she was most uncomfortable with her fading evesight (two cataract operations plus secondary ones) to drive to Doylestown to meet Ann, her good friend, And so remembering the words "for better or for worse," that someone with greater knowledge than I proclaimed over us many years ago. I agreed to drive her. But I digress from the main point of this story. Suffice it to say I drove to Doylestown (in the rain, fog etc.) waited three hours at the library next to the museum and drove home (thru rain, fog etc.). having the smug satisfaction in that my nobility (what little I have) once again manifested itself for the good of a happy home life . Finally, at long last, we come to Game Night at Club Casino (or is it Casino on Club-I'm not sure). There were eleven stalwart couples (and one dog) that braved the weather (you know-rain, fog etc.) to attend the proceedings beginning at 1700. All were invited to bring either an appetizer or dessert with the main course cooked to perfection by executive chefs, Ginny and Chris. After imbibing some liquid libations and consuming our sumptuous repast, we finally got down to brass tacks....."Game Night!"

As "fully" explained by our pit boss (AKA Chris Brown) of the evening, there were to be four tables of 4 or 5 players with each table playing the same game. On tap for the evening were three games; Bunco, SCAT, and Up the River-Down the River.

Bunco was played with a set of three dice and consisted of 6 rounds. In each round each player took turns rolling the dice. In round one, if the number one showed up on any of the three dice, the player was awarded one point for each time the number one came up. Mathematically you could get up to 3 points on each roll but this is highly unlikely. If you rolled three ones at once you called Bunco and got 21 points. The same player kept rolling until number one did not come up. Then the dice were passed to the next player. Each round of six started by sounding a bell located in the basement and ended with the ringing of the bell. (Note to the pit boss – tables 3 and 4 located on the main floor could not hear the starting or ending bell.) At the end of round 1 we move to round 2 which was played the same as rd. 1, but in rd. 2 only the number two had to appear on the dice. Each subsequent round was the same changing the number to match the round. Points for each player were totaled on the score card provided. Round 5 was my best round as I rolled at least 1 five in 9 consecutive rolls of the dice (NO they weren't loaded).

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Continued from page 1

SCAT is played using a regular deck of cards minus the Jokers (Lord knows we have enough of them among the players). Each player is dealt 3 cards with the rest of the deck placed in the center and the first card turned face up. Scoring, regardless of color or suit, is aces are worth 11, picture cards are 10 and all others at face value. In turn each player draws a card from the deck or discard pile and then discards one card from their hand. SCAT is achieved when one player reached 31 (the most each hand can be worth). But if one player feels confident that he has more points in his hand than the other players, he can knock before drawing another card. All others can then draw one more card. The player with the highest number in his hand collects one chip from the player with the lowest number,

In the last game, Up the River- Down the River, again played with a regular deck of cards, the dealer deals five cards to each player who then places them face up. Thus begins the Up the River portion. The dealer then turns up one card from the deck. Each player who had a like card in front of him puts one chip into the pot. If you have two like cards it costs you 2 chips. This continues thru 5 rounds, only in each succeeding round the ante goes up one additional chip so by round 5 you are contributing 5 chips for each like card. The game proceeds into the Down the River part wherein the dealer turns up 1 card and if you have a like card you may take 5 chips from the pot. This continues for 4 more rounds but on each succeeding round you take one less chip for like cards. When the bell rings (if you can hear it) the game ends.

When all games were done, each player totaled the number of chips they had amassed. Highest number of chips was the grand prize winner. Prizes were provided by Ginny Brown from her treasure trove of trinkets collected over the years from the pit boss's time as Commander, at the squadron and district levels.

At the end of the evening, after prizes were awarded and desert eaten, the same seven stalwart couples (and one dog), made their way home, you know - in the rain, fog, wind, etc. It was a very entertaining, pleasant evening.



Fran and Diane



Ginny and Chris



Rich, Michelle, Diane



Gary and Ginny

Joe

2

Eileen, Fernando, Ed

Delhigh 2013 Holiday Party

By P/C Richard C. Norris, JN

This year's annual Holiday Party was to return to The Meadows in Hellertown, 14 December 2013. Mother Nature, however, had different plans. On the 14th the weather was predicted to be that of accumulating snow, changing to freezing rain. Considering the fact that I've never met anyone who can predict weather with better than fifty -percent accuracy – what were the chances? They were dead on!

Reacting appropriately were the members of the Holiday Party Committee – calling everyone to let them know the event was cancelled – to be rescheduled at a later date. From what I understand, all events scheduled at The Meadows that day were cancelled. Would there be slots available to reschedule them all?

The party was reset for 17 January 2014. This time the weather cooperated. Given we (Bea & I) must virtually go past the Brown's home in route to Hellertown, we offered to have them ride with us to the party. Off we went.

Once in Hellertown and knowing I was getting close, I slowed down to find where to turn – I knew we were close – nonetheless, from the backseat questions started flying – did I know where I was going? I said I'll know it when I see it. That answer apparently was insufficient as it drew more noise from the back. Did I know the address? Why didn't I put it in the GPS? As the cackling continued, I spotted the street, "Meadows Road." I told them I'd know it when I saw it! We had arrived.

We arrived early as Ginny had to distribute the wonderful favors she had made – blue ball ornaments with 2013 inscribed and a Delhigh burgee attached – beautiful! Although early, we weren't the first to arrive. Even our D/5 representatives, District Commander Marty Lafferty and his wife, Sari, who had driven all the way from Kent Island, MD, were already there, as were Commander Cyrus and Executive Officer Kathleen. The music was playing and drinks were pouring as we happily greeted District Lieutenants Alex and Carole Reilley of Delaware River Squadron.

Then came the hot appetizers – oh, and were they good! Much too good, if you ask me. I ate so many appetizers, I didn't leave any room for dinner. Not to be outdone, however, Ed Muschlitz showed me how many one person could really eat!

Following came the wonderful dinner. Then on to the Polly Anna gift exchange! The gift exchange started uneventfully. Then, that all changed. After many years, I finally picked a gift that I actually wanted; garden solar lights. Wonderful! Then it happened. Until then, the only hot "must have" item was a bottle of 93-proof rum. But then it happened – GINNY BROWN STOLE OUR LIGHTS! The perfect gift was gone. I leaned over towards Ginny and asked, "How are you getting home?" Eventually Ginny lost the lights to Diane Montuori, with whom they left – gone forever

The evening ended with dancing to a wonderful array of music designed by our Commander!

Happy Holidays and Happy New Year to all – and to all a Good Night!

P.S. Does anyone know how Chris & Ginny got home?

Pictures on Page 4

2013 Holiday Party Photos































2014 Founder's Day Meeting



Wednesday, 12 February 2014 Sunset Grille 6751 Ruppsville Road, Allentown 1800 Your choice of:

Cobb Salad

Tender slices of Chicken Breast, Crispy Hickory Smoked Bacon, Hard Boiled Egg, Mushrooms, Black Olives, Tomatoes, Guacamole and Crumbled Blue Cheese served on a bed of Fresh Mixed Greens

Dressing choices are Honey Mustard, Ranch, Blue Cheese, Jalapeño Ranch, French, Thousand Island, Creamy Italian, Balsamic Vinaigrette, Fat Free Raspberry Vinaigrette

Or

Mexican Fiesta

Chicken tortilla soup, 1 taco, 1 burrito, 1 enchilada, rice, beans, fried ice cream. Taco, Burrito, Enchilada. All come in a choice of beef, chicken or pork.

\$16 each

Please RSVP with your dinner choices to Kathy at

k.now@mac.com

By Sunday, 26 January, 2014

For the Cobb Salad please list your choice of dressing. For the Fiesta please tell me which meat you would like in your taco, burrito and enchilada. They can all be different so I need a choice for each one.

DELHIGH POWER SQUADRON BRIDGE 2013-14

COMMANDER Cdr Cyrus Nowroozani, JN 6951 Sunflower Ln Macungie, PA 18062 610 351-5192 commander@delhigh.org

EXECUTIVE OFFICER Lt/C Kathleen Nowroozani, JN 6951 Sunflower Ln Macungie, PA 18062 610 351-5192 xo@delhigh.org

EDUCATIONAL OFFICER Lt/C Doug Mckenzie, JN 4003 Danberry Dr Easton, PA 18045 610 217-7164 seo@delhigh.org

ADMINISTRATIVE OFFICER Lt/C Nilsa Lebeduik 3925 Carter Road Bethlehem, PA 18020 610=691-3348 ao@delhigh.org

> SECRETARY Lt/C Keith Knoblach, S 1026 Lehigh St. Allentown, Pa 18103 secretary@delhigh.org

TREASURER Lt/C Gary Corcoran 6964 Sunflower Ln Macungie, PA 18062 610 421-8172 treasurer@delhigh.org



Delhigh Bowling Fun

Saturday, 22 February 2014

1400

At

Playdrome Rose Bowl

801 N. 15th Street

(cross street is Sumner Ave)

\$12.00 per person

includes:

2 hours of bowling

shoes

pizza

soda

Please RSVP to k.now@mac.com

By Thursday 13 February



Delhigh Power Squadron

2014 Change-of-Watch



at

at Comfort Suites of Allentown

3712 Hamilton Blvd

Saturday, 8 March 2014

Cocktail Hour and Cash Bar With Mini Eggrolls 1800

Dinner and Ceremony

1900

Choice of

Pasta Primavera

Potato Encrusted Tilapia

With Twice Baked Potato and Steamed Broccoli

Chicken Marsala

With Garlic Mashed Potatoes and Mixed Garden Blend Vegetables

All Served with House Salad Rolls with Butter Raspberry Cheesecake Coffee and Tea

\$49 per person Reservation form on Page 8

As provided by our by-laws, the Nominating Committee presents for your consideration our slate of officers for the elected positions for 2014-2015 as follows:

Commander: Cdr Cyrus Nowroozani, JN

Executive Office: Lt/C Kathleen Nowroozani, JN

SEO: Lt/C Douglas McKenzie, JN

Admin Office: Lt/C Keith Knoblach, S

Secretary: Michelle Bothelo, S

Treasurer: Lt/C Gary Corcoran, S

	Delt	SERVATION FORM high Power Squadron Change-of-Watch 8 March 2014	
Name:		Grade	
Name:	······································	Grade	
Past Primavera		@ \$49.00	
Potato Encrusted Tila	pia	@ \$49.00	
Chicken Marsala	_	@ \$49.00	
Total Enclosed	(Checks payable to	o: Delhigh Power Squadron)	
Send to:	Kathleen Nowroozani		
1	6951 Sunflower Lane	(610) 351-5192 k pow@moo.com	
	Macungie, PA 18062	k.now@mac.com	
Please respond by: 28 February 2014			
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D5 2014 WINTER TRAINING SESSION RESERVATION FORM



14-16 FEBRUARY 2014, MARITIME INSTITUTE, LINTHICUM, MD

Member RankNam	e		Member Grade
Address	City	State	Zip Code
Squadron	Position		First Timer?
E-Mail		Phone	
Spouse or Other Attendee			
Rank Name	Grade	First Tim	er?

ACTIVITIES SELECTIONS

Registration Fee - Required of all Attendees (Assuming \$20 squadron tuition payment; the registration fee covers attendee parking, Saturday morning assorted juices, coffee, and tea; soft-drinks and water during the day; plus continental breakfast including pastries and fruit; morning and afternoon snack services with brownies, cookies, fruit, and additional chef's choices; hand-out materials; guest speaker fees; conference A/V services; use of indoor pool, fitness center, and game-room, etc.)

Required Registration Fee	#	@ \$15.00	Ś
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Meal Services - Optional (The Maritime Institute provides delicious and varied cuisine buffet-style for all meals in its Dining Hall. The facility has an excellent food-service rating, and offers a very wide selection of choices for each meal.)

Friday 14 February				
	Optional Friday Dinner	#	@ \$29.00	\$
Saturday 15 February				
	Optional Saturday Breakfast <i>Recommended</i> Saturday Lunch Optional Saturday Dinner	# # #	_@\$12.00 _@\$18.00 _@\$29.00	\$ \$ \$
Sunday 16 February				
	Optional Sunday Breakfast	#	@ \$12.00	\$
		ΤΟΤΑΙ	. ENCLOSED	\$

Required Registration Fee & Optional Meal Reservations must be placed by Friday 31 January 2014 Make checks payable to "2014 D5 WINTER TRAINING SESSION" D/Lt/C Jim Colston, AP P.O. BOX 219 Colonial Beach, VA 22443 E-mail: jimvcolston@gmail.com If you have questions, please contact Jim at 703-926-8690 or jimvcolston@gmail.com.

Room Reservations must be made by Friday 31 January 2014 to obtain USPS discounted rate of \$101.00 plus tax Reserve your room directly with Maritime Institute, 692 Maritime Boulevard, Linthicum Heights, MD 21090 Please call 410-859-5700 and use reservation code "USPS D5."

Co-op Charting

By Lt/C Kathleen Nowroozani, JN

Last November, several of us got together to do some coop charting. The nearest we could find that needed to be done was in Trenton, NJ, but I have to admit, that this sounded like a great opportunity for a road trip to me. Boy was I right! Several of us met early and checked out maps and set up routes for each car and decided that we would meet at the fifth, and final location on each map, and off we went.

I don't know what I expected, but I certainly found out that what is marked as a 'tower' in one location, is not necessarily the same kind of 'tower' as the next location! We had to wade through some pretty thick weeds and brush to get to one, another was a church, and a third was in a sewer plant! We found a nice old yacht club that looked like it had seen better days, with some cool old boats that we were happy to check out! The one in the sewer plant had a nice pungent smell, and we were surprised to see that there was a Type 4 PFD on the railing of a bridge that we were not brave enough to go and see what was on the other side of, lest one of us should fall in.

We did come across one 'tower' that was no longer where it was supposed to be, and that made the trip seem worth taking and much more interesting! We all had fun guessing what might have happened to it and where it should have been and what it would have been for. We took lots of pictures, too many to be sent in with the official form, and we had a great day chatting with friends in the car and setting out on a bit of a scavenger hunt, never knowing exactly how to get where we were going, what we were going to find when we got there, and whether or not we were actually supposed to be where we were or not. All of these things made for a very fun trip!

Of course, after a long day we made sure to have plans to stop for a group dinner on the way home. It was nice to trade stories from the day and catch up with more friends! Hopefully we can do some research on how to fill out the forms and make another trip again next year, what a great excuse to get together for a road trip!

More photos on page 11



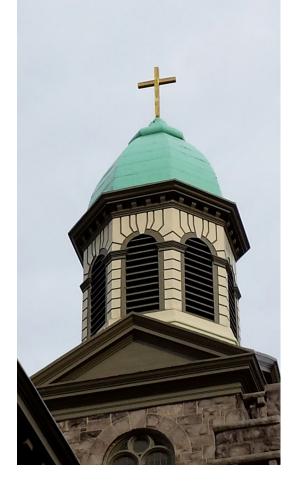




Co-op Charting Photos







Lighting the way....

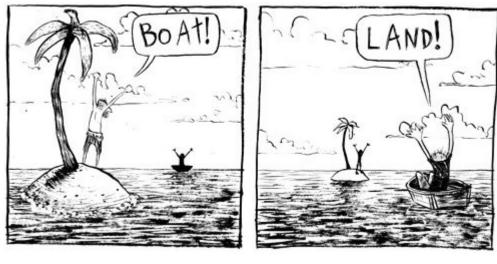


Cdr Cyrus Nowroozani, JN

A new year brings new beginnings. Are we reflect on our past 100 years as a national organization, one can only wonder what the next century of education, camaraderie and passion will bring us. What will Delhigh contribute over its next fifty years? Heck, who am I kidding? Five minutes prior to writing this I did not know what the next commander's report was going to say...

Like most daunting tasks, it starts with taking action and the first step forward. Last year we had members that did just that. Their actions merited awards for Co-Op Chart Plotting, Civic Service, and Educational achievement.

In 2014 will we will continue to do great things as a squadron; one step at a time, one social event at a time, one session at making safer boaters at a time. I am excited about mapping out activities for 2014 with the executive committee, and I look forward to the new memories and fun with friends along the way. I will leave you with a cartoon that gives perspective on how an ending can be another's beginning.





EXECUTIVE OFFICER'S REPORT

Lt/C Kathleen Nowroozani, JN

Boat Shows

11-13 April Bay Bridge Boat Show Stevensville, MD

D/5 Activities

26 Jan – 2 Feb USPS Annual Meeting, Jacksonville, FL 14-16 Feb D5 Winter Training, Linthicum, MD 28-30 Mar D5 Annual Meeting, Ocean City, MD 2-3 May Co-op Chart Workshop, Norfolk, VA 21 May Educational Cruise, Philadelphia, PA 1-3 Aug D5 Summer Council, Crisfield, MD

Co-op Charting

Last year Delhigh won 1st place in D/5 for co-op Charting thanks to the efforts for Beverly Strothers. This year, to support her, 7 members put in 18.8 hours on 23 November in Trenton NJ. It was a fun and interesting learning experience for us all. The forms were a mystery to us so Bev and Jim Strothers took the information and filed the reports for us.

Summer Rendezvous

Delhigh's 2014 summer rendezvous will be held 19-22 June at Haven Harbour Marina in Rock Hall, MD. The High Tide Inn is located at the marina and is holding reservations for 6 of their rooms under the name Delhigh for those nights. You can check out their rooms at www.thehightideinn.com, the ones that we have reserved are Winnifred, Maybelle, Rita, Alice Virginia, Drydock and VIP room. Since we have these rooms on hold you must call to book the one you want, first come first serve, 1-800-506-6697. More details in the next Delhighlights. EDUCATIONAL OFFICER'S REPORT

Lt/C Doug Mckenzie, JN

Ahoy Mates!

I don't know about you but these long, dark, winter months make me long for my boat, "Happy Hours," and all the good times we have on her! I need my boating friends to keep me sane, and regular get togethers with them helps me to get by!

Delhigh is starting up the Piloting class in late January or early February and I can't think of a better way to spend your time than by taking the class, or if you're an experienced boater, helping us teach! Contact me at dougmckenzie@rcn.com if you are interested in either option!

We are teaching the ABC course at Peters Marine on Saturday, 18 January, and 25 January from 0900 to 1300 each day. Spread the word to your friends or stop by the class to say hi! These are prospective members for Delhigh so don't be shy!

The Navigation class is restarting on Wednesday, 22 January with a review before we start on new material so there's still time for you to join us if you dare!

Getting together with our Delhigh friends helps us to get through this winter, come out and join us!



ADMINISTRATIVE OFFICER'S REPORT Lt/C Nilsa Lebeduik

Thanks to all of those that brought baked goods to our January meeting, they were especially yummy! Brownies and cookies and apple pie and fudge and more! Also a special thank you to Michelle and Fernando Botelho and Doug McKenzie for helping to set up when the rest of us were running late!

Game night was a HUGE success thanks to Ginny and Chris Brown and their helpers, Brent and Jane Rhoads. All had a good time, winners and booby prizers and everyone in between! The food was fabulous (Ginny's antipasto salad always is) and the games were a lot of fun, successfully mingling everyone.

Our Holiday Party was rescheduled for 17 January due to snow on 14 December and we would like to thank Michael Lebeduik for donating the centerpieces, Cyrus Nowroozani for setting up the music and D/C Marty Lafferty and his wife Sari for their willingness to drive out in the snow, and once cancelled, to still come out once we had rescheduled.

Please join us for our second bowling event on 22 February at 1400 at Playdrome Rose Bowl in Allentown. We are looking forward to two fun filled hours of bowling with pizza and soda on a relaxing Saturday afternoon and would love to have you and your family join us!

Also, our yearly Change-of-Watch will be held on 8 March. We would love to have you come out and join us! Dress up and sit down for dinner and make some new friends and we watch the ceremony of the changing of the bridge! P/D/C Bill Selden and his wife, Donna, will be joining us and we would love to have you join us as well!

Keep an eye out for our schedule for next year! Our executive committee will be getting together late in January to put it together and it should show up on the website (www.delhigh.org) soon after that and in the next Delhighlights!



Vessel Safety Corner

P/C Michael Lebeduik, III, JN

Here we are once again, everyone is getting cabin fever and looking forward to getting back on the water. This love of water and boating gives us a common bond. Now is the time to think about how we can prepare our boats for a Vessel Safety Check.

What is a Vessel Safety Check?

VSC is a program to help boaters better understand and voluntarily come into compliance with the federal and individual state recreational boating safety regulations. Conducting a VSC by an examiner allows a one-on-one contact with the owner or operator, in hope that they will maintain and operate their vessel in a safe manner. It is also a time when boating education is introduced into the conversation, making the public more aware of the classes available to them to help increase their knowledge and on water boating skills, promoting safe boating and respect for the waterways on which we enjoy.

A Vessel Safety Check includes and is not limited to; checking Life Jackets, Visual Distress Signals, Fire Extinguishers, Ventilation, Back Flame Control, Navigation Lights, Sound Producing Devices and more.

Your Vessel Safety Examiners are getting ready for another successful year.

Please contact any one of them to schedule a VSC: Dick Garjost, George Kelchner, Keith Knoblach, John Kudera, Kathleen Nowroozani and Michael Lebeduik Anyone interested in becoming a Vessel Examiner, please contact: P/C Michael Lebeduik, III ---Phone: (610) – 691 – 3348, or email: TJA.ML3@verizon.net





THE DIVING REFLEX

IMPORTANT FACTS ABOUT NEAR DROWNING

The diving reflex can protect humans in cold-water immersions, but rescuers may be tricked into believing the victims are beyond recovery.

Most people recovered in cold water near-drowning cases show the typical symptoms of death:

Cyanotic (blue) skin No detectable breathing No apparent pulse or heartbeat Pupils fully dilated (open)

These symptoms didn't always mean the victim was dead. Instead, they were the body's way of increasing its chances of survival through what scientists call the mammalian diving reflex.

The diving reflex is most evident in marine mammals such as whales, seals or porpoises. During the diving reflex, the body diverts blood to circulate it (at only 6 to 8 beats per minute in some cases) between the heart, brain and lungs.

Marine mammals have developed this ability to the point where they can remain under water for extended periods of time (more than 30 minutes in some species) without brain or body damage.

In humans, the diving reflex is not as pronounced as in marine mammals. The factors enhancing the diving reflex in humans include:

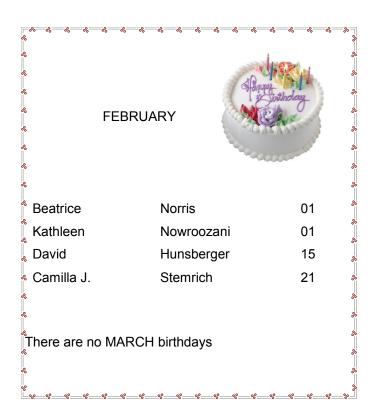
Water temperature: Colder water creates a more profound response that may be more protective to the brain. Age : Younger victims have a more active reflex.

Facial immersion: Cold-water stimulation of the face triggers the pathways necessary for these responses.

Although the diving reflex can protect humans in cold-water immersions, it may confuse rescuers into thinking that a victim is dead.

Using CPR in accordance with your training, start resuscitative efforts for these victims immediately. Numerous children have been brought up from freezing water after 30 minutes and successfully resuscitated.

Greg Watt USPS COMPASS





AllPosters

Delhigh 2014 Calendar of Events

Founder's Day Meeting Wednesday, 12 February 2014 Sunset Grille, Allentown 1800

D/5 Winter Training Session 14-16 February 2014 Maritime Institute

Bowling Saturday, 22 February 2014

Delhigh Change-of-Watch Saturday, 8 March 2014 Comfort Suites, Allentown 1800

D/5 Annual Spring Conference and Change-of-Watch 28-30 March 2014 Princess Royale Hotel, Ocean City MD

All Calendar events are subject to change as the bridge sees fit. Please contact Kathleen Nowroozani at Xo@delhigh.org for more information on any scheduled event

