



DELHIGH POWER SQUADRON


DELHIGHLIGHTS



District 5

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Reaching for the Stars



2017-2018

Commander's Corner

Cdr Kathleen Nowroozani, JN

Delhighlights is the official publication of the Delhigh Power Squadron, a unit of United States Power Squadrons®, **District 5**, and is published bi-monthly.

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Most squadron meetings are held monthly at :

Holy Trinity Lutheran Church
 514 3rd Avenue
 Bethlehem, PA 18018

Delhigh website: www.delhigh.org

D/5 website: www.uspsd5.org

There is a fine line with a group as old as ours, The United States Power Squadron that is, not just all of us old fogies, between tradition and keeping relevant. Our main priority, as with any group in this day and time, is membership, and yet we are proud of our long-standing traditions.

Potential members are not just brought in by friends or recruited at boat shows anymore, they can now join and/or take the boating course online. It is then up to the squadron to contact this new member to get them involved if they are interested. This takes the face to face contact out of the equation and makes it much more difficult to make a personal connection with the person, which is why getting them on the phone for a conversation is imperative. This is a new position within the squadron, which I feel should be volunteered for by someone who is a good people person, not necessarily default to the current commander, as is now set up by national, as the commander may or may not be the best person for the job depending on personality and willingness.

Another of these old traditions is one that I love, especially as commander: Old Bristol Fashion. Is it a relevant tradition? Not in the least. For those of you that are not aware, this is a tradition where the women of Delhigh receive a flower for the support that they have given their men, who have run Delhigh all year long. This is from a time when women were not allowed to be members, which is clearly no longer the case. That however, does not make the women of Delhigh any less relevant or important. In fact, the women of Delhigh can now hold the highest position of office, and while that does not make those that hold office any more or less important than the women whose primary position is to support their husband in his pursuit to make Delhigh all that it can be, it still makes all of the women of Delhigh important and appreciated. So why is this a tradition that I love as commander when it is clearly outdated? It is because, as commander, I am always happy to have a chance to thank our members. I know that there is a lot of hard work put into many committees and meetings and events, and everyone here at Delhigh is always willing to pitch in. And, let's face it, I like getting to hug everyone too. As a female commander, I have modified this tradition even further. It is not just about appreciating the women for their support and let's face it ladies, our men work just as hard, if not harder within Delhigh as we do, and just like last year, I have not left out the men of Delhigh who, as always, have a large hand in the supporting and running of Delhigh.

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The FAVORITE of old traditions for me, however, is one that Delhigh has had a bad experience with previously. I LOVE when the past commanders roast the outgoing commander when he or she is released from duty. I know that I, very much am EXCITED to be released from service next year and I assure you, that it will not be the same without the love and support and induction into being a past commander, without the embarrassment, of this tradition. I know that a few of you are leery about bringing back this tradition, but I want you to know, it is simply not that easy to get rid of us! I assure you that although there are several things that I do well, I also have a long list of shortcomings that can easily be made into a roast. It is still done at our district change of watch and I am very much looking forward to it returning to Delhigh next year! So much so that I am happy to provide the past commanders a list of shortcomings to choose from, should one be needed.

Thank you all for a great year, I am looking forward to leading you for one more, last year.

Join **Delhigh** for
our
April Meeting
and
Old Favorite
Recipe Pot Luck!
Wednesday, 5
April
1830
Holy Trinity
Church,
Bethlehem



Come Join
Delhigh Power Squadron
for our 5th Annual Sock Burning!
Sunday, 30 April 2017
1400-2000
at the Lebeduik Residence
Hamburgers and hot dogs will be provided
Please bring an appetizer, side or dessert to share.
Don't forget your socks!!!

Please RSVP to Keith at
Keith56@aol.com
Or 610-509-3526



SAVE A LIFE

FREE FIRE FREE
United States Power Squadron
2017 Sock Burning
VESSEL EXAMINERS
"WANTED"



Join Delhigh
Sunday, 7 May 2017
For Wine Tasting
At



Sleepy Cat Urban Winery

1840 W Allen Street
Allentown, PA

Time for wine tasting is at 1430.

\$5 gets you wine tasting, however if you purchase a bottle of wine, then the \$5 gets waived. Everyone will pay on their own.

MUST RSVP by 30 April 2017

Snacks are welcomed. Music will be provided. Smoking is allowed outside and children are welcomed. However, NO outside alcohol is allowed.

Afterwards we will all meet for dinner to be decided there. RSVP to Chris Ellis at tabby1cat@hotmail.com or 610-390-7159



Join Delhigh for our May Monthly Meeting
at



to watch the Lehigh Valley Iron Pigs
play the Rochester Red Wings!

When: Tuesday, 9 May 2017

Where: PennTeleData Party Porch (3rd Base Side)

Buffet: 1805 – 2005

Game: 1905

Cost: \$37.00 each

NOTE: The private, upgraded buffet will be served rain or shine and includes the usual burgers, dogs and sides plus fried chicken and Jaiindl bbq turkey. If the game is cancelled the buffet WILL STILL BE SERVED. We will meet regardless of the weather!

We have our own buffet this year and a roof over our heads so we can still stay dry in the rain!

Please contact Kathleen Nowroozani at 610-351-5192 or k.now@mac.com if you would like to make a reservation to attend.

Payment is required NO LATER THAN: 7 April 2017.

See you at the Ballpark!!!

Last year we had seats that were spread out because of late RSVPs. The sooner you RSVP the more likely you are to have seats together!



Delhigh's Annual Beltzville Lake Clean-Up And Vessel Safety Checks



Saturday, 20 May 2017
Beltzville Lake
At the Ramp
0900 – 1200

Bring your family and friends to
help with this civic service!
Get out on the lake, help clean up,
and join us for lunch!

Please RSVP to Keith at
Keithk56@aol.com
by
Friday 12 May 2017

Delhigh's Annual Post Beltzville Clean Up Rendezvous



Saturday 20 May 2017
1300
Joey B's
638 Delaware Ave
Palmerton

Come try one of their over 100
beers, 16 wines or 130 liquors!
Order off the Menu for lunch

Please RSVP to Keith at
Keithk56@aol.com
by
Friday 12 May 2017



Come join Delhigh for our
5th Annual



Ice Cream Social

Come to the Nowroozani pool

Wednesday, 7 June, 2016

1800

Bring your favorite flavor of ice cream

We'll supply the bowls, spoons and
toppings!

Feel free to bring your swimsuits and towels and go for a swim!

Please RSVP to Kathy at

k.now@mac.com

So that we know how much chocolate and caramel we'll need!

Delhigh's Summer Rendezvous 22-25 June 2017

Cambridge Yacht Club or
1 Mill Street
Cambridge, MD 21613
410-228-2141

City Marina
41 Academy Street
Cambridge, MD 221613
410-228-4020

These two share a marina. Yacht club is closer to the river and more exposed. Pricing is \$1.50/foot.

Yacht Club is \$6 for 30amp, \$12 for 50amp per night.

City Marina is \$5 for 30amp, \$10 for 50amp per night.

For those of us staying at the Hotel

Comfort Inn Choice Hotels

2936 Ocean Gateway
Cambridge, MD 21613
410-901-0926

\$149/night
1 king or 2 queen beds

Fri/Sat night requires 2 night stay
Free Breakfast Daily

Schedule of Events:

Thursday:

Travel in all day, settle in and grab a drink!

That night at the pool at the hotel we will be having an Executive Committee meeting. Pizza and salad is being brought in for anyone who is interested.

Friday:

Boating to lunch at Suicide Bridge.

Past commanders will BBQ, City Marina, followed by some past commander shenanigans! Cambridge Sail and Power Squadron will be joining us.

Saturday:

We are joining Cambridge Sail and Power Squadron for their raft up. Dinner is at The Cambridge Yacht Club.

Sunday: Travel safely home.

Boat Ramps

Franklin Street or Great Marsh Park have been suggested and all are believed to be free to use.

<http://dnr.maryland.gov/boating/Pages/water-access/cambridgeinset.aspx>

Trailers can be parked at the Yacht Club.



2017 Summer Rendezvous Reservation Form
22-25 June 2017

Name: _____

Address: _____

Phone: _____ Email: _____



Thursday

1800 - Executive Committee Meeting, and pizza/salad pool party! _____@ \$7/person _____

Friday

1200 – Suicide Bridge Restaurant _____Persons (Order off Menu)

1800 – BBQ – Delhigh is providing hamburgers, hot dogs, potato salad, fruit and chips.

Please bring an hors d’oeuvre or dessert to share.

_____Adults @ \$ 10 Each _____

_____Kids @ \$ 5 Each _____

Saturday

1300 – Raft up with Cambridge Sail and Power Squadron

BYO sandwich and snack _____ Persons to attend

1800 – Cambridge Yacht Club

Caprese Stuffed Chicken _____ @ \$ 21.00

Bourbon Glazed Salmon _____ @ \$ 31.00

8 oz. Filet Mignon (Temperature _____) _____ @ \$ 33.00

Sunday

Travel Home Safely!

TOTAL Amount Enclosed \$ _____

We will bring to share: _____Soda _____Beer _____Water

Make Check Payable to Delhigh Power Squadron and Mail To:

Keith Knoblach Keithk56@aol.com
1026 Lehigh St
Allentown, PA 18103

RSVP By 8 June



Executive Officer's Report

Lt/C Keith Knoblach, AP

Educational Officer's Report

Lt/C Doug McKenzie, JN

Below is a list of various upcoming D/5 Delaware River and Delhigh activities:

21-23 April 2017 - Bay Bridge Boat Show Marina, Kent Island, MD. More information is on the D/5 Website - www.uspsd5.org.

20 May 2017 - Boat Operator Certification Challenge, Castle Harbor Marina, 301 Tackle Circle, Chester, Maryland. More information on D/5 Website

24 May 2017 - Educational Cruise on the Delaware River aboard the Ben Franklin Yacht. Boarding time 1800 and departure will be 1830 at 401 North Columbus Blvd., Philadelphia. Cost is \$ 35 .00 for each adult and \$ 15.00 per child under 12 years of age. Includes buffet.

22-25 June 2017 - Delhigh Summer Rendezvous, Cambridge, Maryland. We have reserved 10 rooms at the Comfort Inn. Cost is \$145 per night. Rooms are 2 Queen size beds or a king size with a sofa bed. Please RSVP to Keith Knoblach at keithk56@aol.com. or call 610 -509-3526 by 8 June 2017. More details in *Delhighlights*.

23-25 June 2017 - D/5 Spring Festival, Sail Regatta and Fishing Tournament, Spring Cove Marina, Rock Hall, Md.

Mother Nature can be very cruel. After a mild winter, I've been itching to start the spring commissioning process on my boat. Just as I was thinking about taking off the shrink wrap we get hit with a foot of snow and the coldest weather of the season! Proof again that we have to work with the winds and seas, not against them! It's a point I try to make in all the classes we teach, good thing I was listening.

As of this writing, the Piloting course is almost over and our 5 students are doing very well, I'm proud of all of them. We are trying to set up an ABC course for the end of April, dates to be announced. We are also planning Operations Training after the conclusion on Piloting for our new Bridge members. To all our members, if there are any courses you would like to see taught, please let me know and we can arrange it.

USPS® has courses and seminars online available to members; look through the website to see what interests you. You're never too old to learn new things about boating!





Administrative Officer's Report
Lt/C Chris Ellis, S

Hello all. Winter is still hanging on but soon the Spring is coming. Now that we set ahead our clocks and are ready to have warmer weather, here are some events coming up to get us in the spirit of warmer weather.

Speaking of warmer weather, on 7 May 2017, we will be having a wine tasting event at the Sleepy Cat Urban Winery at 1430. \$5 will get you the tasting. There will be many bottles to choose from and/or purchase on site. Snacks are welcomed. It will be Purrfect. Hope to see you "kitties" there.

Oh wait it gets warmer....On 9 May 2017 our May monthly meeting will be held at Coca Cola Park, the Iron Pigs stadium. Come join in the fun as the Iron Pigs take on the Rochester Red Wings. Game time is 1905. We will be at the Penn Tele Data Party Porch (3rd Base side.)

The buffet begins at 1805-2005 and the price is \$37.00. Payment is required NO LATER THAN April 7th 2017. Come on out and PLAY BALL!

Now we are getting "fired up" now. Please note the change for the Sock Burning event. It is now on 30 April 2017 at the Lebeduiks' house. Hamburgers and hot dogs will be provided. Please bring an appetizer, side or dessert to share. We will be "burning" down the house. And don't forgot THE SOCKS!

And finally where this fire started.....On 4 March 2017 Delhigh held its Change-of-Watch at the Carriage House Inn in East Greenville, PA. The new bridge was pledged by D/Lt/C Brad Humphrey. Thanks to the Change-of-Watch Committee and thanks to P/C Brent Rhoads for being the M.C. for the evening. A special thanks to D/Lt/C Brad Humphrey and his wife D/Lt Megan Humphrey from District 5 who came to share in this celebration.

For springtime is coming and what better way then to take in some of these great events and enjoy in great fellowship. Enjoy all, think warm thoughts and Happy Spring!

MEET THE ELLISES

By Chris and Michele Ellis

Ahoy all. Let me introduce myself, Christopher(Chris) Ellis, the new Administrative Officer for Delhigh Power Squadron, and my wife Michele . We have been members of Delhigh Power Squadron for 3 years now. We were asked to introduce ourselves and tell you a little about us, our likes, our boat and how we got into Delhigh. We promise not to bore you too much, so let's all head down to the dock and set sail on this cruise, shall we.

I was born and raised in Allentown. My wife was born and raised in Hampton, New Jersey. We met at our place of work in 1998 called Laneco. We both at one point worked in the same store and a friend of Michele's introduced us. We dated for a few years and married on 24 May 2003. Since then Laneco went out of business and we both actually still work for the same company but in different Rite Aid stores. I am a store manager currently in Brodheadsville and Michele is a shift supervisor in Fogelsville. We currently reside in Allentown, in what was my grandparents home. We made it our cozy spot filled with 6 cats, our kids. Their names our Ramius, Patches, Wally, Misty, Precious and Josie.

We always loved the water and boats. My mom and dad are the ones that not only got us into boats, but the Power Squadron as well. They currently reside in North Carolina and are members of the Rocky Mountain Power Squad in District 27. My mom is the Commander and my dad is the Educational Officer. So with the knowledge my parents shared about boats and the squadron, we both got very excited to join. Our boat is a Sea Pro 23.5ft with a cuddy cabin. It has an inboard/outboard Mercruiser 220hp engine. She is called "Casting Call." We have boated in Key West a few times, and the Gulf Coast in Punta Gorda, Fla. We also boated in Southport, SC , to Bald Head Island and Carolina Beach and where the ICW joins the Cape Fear River. Here at home we boat mostly on Lake Wallenpaupack. This year we are planning to go off the Jersey coast and go for the ocean. With us currently taking the Piloting coursethrough the squadron, it makes sense to test our knowledge.

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I got in touch with Keith Knoblach. We met, talked on the phone and then signed up for the ABC Class at Peters Marine. From then on the excitement of learning about boating and also belonging to an organization that teaches people, like us, who knew nothing about boats, had us very much interested from the start. We became members of Delhigh and have met great people; people that are now friends. We are happy to be taking courses to learn more and be a better, safer boater. This year we attended our first Delhigh Change of Watch and are heading down to Ocean City, Maryland for another first, the D/5 Spring Conference where I'll be attending seminars related to my new position as Administrative Officer. We both look forward to not only continue growing with Delhigh and learning more about boating, but continuing the great friendships that came out of it. Now, these past few years when Michele and I go out on the water, it really makes us happy. Something about the water, the waves and quality time with Michele makes us both smile. Oh, one thing that brings it all together, and is probably the most important— that we have Jimmy Buffett tunes on board. Yes we are parrotheads!

Besides being a parrothead, I'm also a big fan of Sean Connery and James Bond. Yes, I have posters, movies, you name it. Michele loves Disney, from movies to Pandora charms and anything in between. We love animals and always try to help out local shelters. We both enjoy walking around our neighborhood and just last year started biking together.

OK, it's now time to end this cruise and head back to the dock. I wanted to Squadron members a glimpse of who we are. We both are very happy and very honored to be a part of Delhigh Power Squadron and also to be among the boating community. We look forward to continuing great friendships with you all. Thanks Delhigh for making us feel part of a great family.

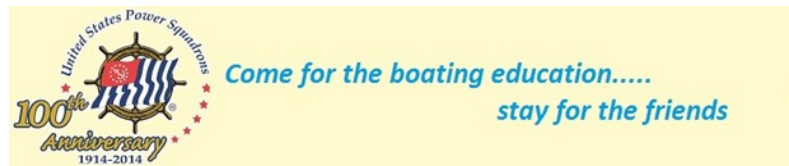
Meet the Fleckensteins

By Dax and Erin Fleckenstein

We want to take this opportunity to thank everyone for the warm welcome to Delhigh Power Squadron. Dax and I joined a little over a year ago and have really enjoyed getting to know all of you! Recently, I (Erin) have taken on the role of Secretary of Delhigh.

Dax and I have 2 children, Dillon 12, and Bailey, 9. We live in Bethlehem. Dax works as an Environmental Specialist at a power plant and I have been a Realtor for the past 13 years.

We bought our first boat in 2013, a Hurricane deckboat. Being the saltwater/beach lover that I am, we began taking day trips to Sandy Hook, New Jersey, which is a short 1.5 hr drive from our house. We enjoy fishing for fluke, stripers, and whatever else we can catch. Other boating ventures include the Chesapeake Bay, Lake Wallenpaupack, Keuka Lake, NY, and my personal favorite, Barnegat Bay near Long Beach Island, NJ.





Boating Safety



DELHIGH POWER SQUADRON
BRIDGE
2017-18

COMMANDER
Cdr Kathleen Nowroozani, JN
6951 Sunflower Ln
Macungie, PA 18062
610 351-5192
commander@delhigh.org

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610-509-3526
xo@delhigh.org

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610 217-7164
seo@delhigh.org

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610-390-7159
ao@delhigh.org

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3935 Spruce Ct.
Bethlehem, PA 18020
610-984-7368
secretary@delhigh.org

TREASURER
Lt/C Gary Corcoran, AP
6964 Sunflower Ln
Macungie, PA 18062
610 421-8172
treasurer@delhigh.org

Dealing with seasickness

What to do when you get that queasy feeling

Seasickness occurs when your body's inner ear balance system reacts to the unfamiliar motion of the ship, causing an imbalance that leads to nausea. Seasickness often disappears after a few days, but waiting for it to go away is miserable.

Some onboard activities can make seasickness worse. To avoid seasickness,

- Do not go below decks for long, and when below, look out a porthole and gaze at the horizon.
- Do not look through binoculars for any length of time.
- Do not stare at objects your brain interprets as stable, such as a book, needlecraft or a compass.

Avoiding seasickness isn't always possible, but try to stay on deck in the fresh air and focus on anything other than the boat's movement. Facing forward seems to help, along with taking deep breaths and drinking plenty of water. Eating bland foods in the beginning will keep the hunger at bay.

Seasickness is easier to prevent than to cure, but you can do a few things when nausea overtakes you.

- Take Dramamine or Bonine, over-the-counter antihistamines that can make you sleepy.
- The prescription anti-nausea medication Phenergan keeps vomiting to a minimum and lessens the chance of dehydration.
- Fishermen often wear prescription Scopolamine patches behind their ears. They should be in place before setting sail and last three days.
- Ginger, a natural herbal cure, comes in various forms such as capsule, chews, chips and root. Make sure you get real ginger.
- There are also wristbands that use acupressure to combat nausea.

Before you shove off next time, try not to consume too much alcohol the night before, stay away from heavy meals and get a good night's sleep. —Beth Schwab, Reprinted from the USPS Compass

SAFETY ADVISORY: RBS ALERT Smoke Distress Signal Recall

The Coast Guard has withdrawn the Certificate of Approval for NAMMO LIAB AB Orange Hand Smoke Distress Signal, due to risk of spontaneous combustion when dropped.

These smoke signals may be labeled and marketed as "Polar MK 4" by NAMMO LIAB AB or as "IKAROS" by Hansson Pyrotech. "IKAROS" Hansson Pyrotech is the more current manufacturing name. There are approximately 2,790 signals with the potentially defect in the US market.

Any signal manufactured after October 2013 must be properly disposed of and replaced with a product that satisfies the vessel's carriage requirements.



NATIONAL NEWS



UNITED STATES POWER SQUADRONS®

SAIL AND POWER BOATING

Chief Commander

Luis A. Ojeda, SN

23473 Cornerstone Drive Loxley, Alabama

Phone 251-947-2184 cell 229-220-0306

louiedot@bellsouth.net



Squadron Commanders

The Vessel safety Check program is 17 years old. During that time we have performed over 425 thousand vessel safety checks. It is unknown how many lives may have been saved by our efforts.

I'm asking all of you to renew your efforts and support this initiative to increase the number of examiners and VSCs by 20% in 2017.

New members can take the required training and immediately start as a Vessel Examiner and continue to make our waters a better place.

Will you please help?

Louie



DISTRICT 5 UPCOMING EVENTS

Bay Bridge Boat Show
[Bay Bridge Marina](#)
21-23 Apr, 2017

Boat Operator Certification Challenge
Castle Harbor Marina
20-20 May, 2017

Sail Regatta & Fishing Tournament
Spring Cove Marina
23-25 Jun, 2017

District 5 Rendezvous
Various Points on Chesapeake
22-27 Jul, 2017

District 5 Summer Council
[Tidewater Yacht Marina](#)
28-30 Jul, 2017

COME JOIN THE FUN!



DELHIGHLIGHTS 2017-18 Calendar of Events



April Meeting and
Old Favorite Potluck
Wednesday, 5 April 2017
Holy Trinity Church,
Bethlehem
1830

ABC Course
Saturday, 22 AND 29 April
2017
Peter's Marine
0900-1300

Sock Burning
Sunday, 30 April 2017
Lebeduik Residence
1400-2000

Wine Tasting
Sleepy Cat Urban Winery
Sunday, 7 May 2017
1430

May Iron Pigs Meeting
Tuesday, 9 May 2017
Coca Cola Park, Allentown
1905

Beltzville Lake Clean Up and
Vessel Safety Checks
Saturday, 20 May 2017
Beltzville Lake
0900

Post Clean Up Rendezvous
Saturday, 20 May 2017
Joey B's, Palmerton
1300

Ice Cream Social
Wednesday, 7 June 2017
Nowroozani Residence
1800

Summer Rendezvous
Thursday, 22 – Sunday 25
June 2017
Cambridge, MD

July Poolside Meeting and
BBQ
Wednesday, 12 June 2017
Nowroozani Residence
1800

Social Hour
Wednesday, 26 July 2017
Botelho Residence
1800

Musikfest Mania
9 or 10 August
TBA

Trailerboat Rendezvous
Saturday, 26 August 2017
Blue Marsh
Lake/Nowroozani Pool
1000

Chili Cook-off and September
Meeting
Wednesday, 6 September
2017
Holy Trinity Church,
Bethlehem
1630

Game Night
Saturday, 16 September
2017
Stemrich Residence

Oktoberfest Meeting
Saturday, 14 October 2017
Norris Residence
1700

Beer Tasting
Saturday, 28 October 2017
TBA

November Meeting
Wednesday, 1 November
2017
TBA

Sporting Clays
Saturday, 4 November 2017
Lehigh Valley Sporting Clays
1000

Paint and Wine
Saturday, 4 November 2017
TBA

Road Rally
Saturday 11 November 2017
TBA

Beer Tasting and Tacos
Friday, 17 November 2017
Nowroozani Residence
1800

Holiday Party
Saturday, 9 December 2017
TBA

January Meeting with Soup
or Salad Pot Luck
Wednesday, 3 January 2018
Holy Trinity Church,
Bethlehem
1830

Game Night
Saturday, 13 January 2018
TBA

Friday Fun Night
Friday, 26 January 2018
Corcoran Residence
1800

Phantoms Game
TBA

Bowling
Saturday, 24 February 2018
TBA

Change of Watch
Friday, 2 March 2018
Bear Creek Mountain Resort
1800

All Calendar events are
subject to change as the
bridge sees fit.
Please contact Keith at 610-
509-3526 or
keithk56@aol.com
for more information on any
scheduled event.